

## Ask Your Guides Sonia Choquette

Traveling at the Speed of Love  
Soul Lessons and Soul Purpose  
The Answer Is Simple #Love Yourself, Live Your Spirit!  
The Angel Therapy Handbook  
Uplifting Prayers to Light Your Way  
Awaken Your Indigo Power  
The Seven Types of Spirit Guide  
The Spiritual & Psychic Development Workbook - A Beginners Guide  
Trust Your Vibes  
Dissolving the Ego, Realizing the Self  
Messages from the Guides  
Transformation Cards  
Power Animals  
Attunement  
Spirit Guides & Angel Guardians  
Chakra Clearing  
Grace, Guidance, and Gifts  
Tune In  
The Wise Child  
Energy Oracle Cards  
You Are Amazing  
The Fool's Wisdom Oracle Cards  
The Miracle Club  
Signs From Above  
Waking Up in Paris  
The Dharma Method  
Spirit Guides  
Ask Your Guides  
Creative Visualization for Beginners  
Your Psychic Pathway to Joy  
The Psychic Pathway  
The Lightworker's Way  
Raise Your Vibration  
Diary of a Psychic  
Vitamins for the Soul  
Ask Your Guides  
Pregunta a tus guías  
Ask Your Angels  
Spirit Guides  
Spirit Guides  
Lightworker

### Traveling at the Speed of Love

### Soul Lessons and Soul Purpose

Kyle Gray's phenomenal psychic gifts have made him one of the UK's most popular experts in the field. Now, in *Raise Your Vibration*, Kyle teaches readers how they too can develop their psychic abilities and discover the powerful talents within them. In this book, Kyle outlines the 111 key practices that he himself has been using for over 10 years to build his phenomenal skill. Readers will learn how to: -strengthen their connection to their guides -improve their intuition -integrate forgiveness and love into their daily actions and decisions The format of the book allows readers to either go through all of the practices 111 days in a row or pick a practice at random. With this book, Kyle aims to guide the reader to access the deepest and most beautiful part of themselves and start the journey towards becoming a positive force in the world. This is a must-read for anyone who wishes to develop their psychic abilities or deepen their spiritual practice.

### The Answer Is Simple #Love Yourself, Live Your Spirit!

Now in trade paper: New York Times best-selling author shares her journey to find a new life in Paris after a devastating divorce. Devastated by the end of her decades-long marriage, renowned spiritual teacher and intuitive guide Sonia Choquette undertook an unexpected move and relocated to Paris, the scene of many happy memories from her life as a student and young mother. Arriving in the aftermath of the Charlie Hebdo massacre, she found a Paris as traumatized by this unforeseen event as she had been by her divorce. Together, over the following years, she and the city she loved began

a journey of healing that involved deep soul-searching and acceptance of new, sometimes uncomfortable, reality. In this follow-up to *Walking Home*, Sonia shares her intimate thoughts and fears, as well as the unique challenges of setting up a new life in a foreign land. From moving into a freezing, malodorous apartment, to a more pleasant--yet haunted--flat across the Seine, to her current light-filled home, Sonia shares how these changes parallel her inner transformation. Along the way, Sonia regales readers with vivid stories of her unfortunate encounters with French hairdressers and beauticians, her adventures in French fashion, and her search for the perfect neighborhood café. Her companion throughout is the city of Paris--a character unto itself--which never ceases to fill her with wonder, surprise, and delight, and provides her with the spiritual strength to succeed in establishing her new life.

## **The Angel Therapy Handbook**

In this gift-sized book, Sonia Choquette shares uplifting prayers and heartfelt invocations to help you stay connected to your intuitive spirit so that you may receive support from your ever-present, loving Divine Creator and all your unseen spiritual helpers who are here to guide you through difficult times. Presented in the format of a prayer per page, each beautifully written, intimate prayer is straight to the point and speaks to the messiness and hard work of transformation. They will give you the strength and good humor to keep flowing with life and enable you to face whatever the universe may put in your path with courage, confidence, and creativity. They will also guide you to the support you need to forgive your hurts, resentments, and injuries, allowing you to be more fully available to the beautiful, new life unfolding before you. Whether read in one sitting, or used again and again, this is a book that will bring a deep sense of peace and renewed optimism.

## **Uplifting Prayers to Light Your Way**

Todos somos seres espirituales y todos tenemos a nuestra disposición un maravilloso sistema de apoyo y protección. Dicho sistema de apoyo nos ayuda a conducir nuestras vidas desde el instante en que nacemos hasta el momento en que dejamos el cuerpo físico para volver al Espíritu. La ayuda que recibimos desde el Otro Lado puede hacer que nuestra existencia en este mundo sea mucho más fácil y satisfactoria. Cuando nos conectamos con nuestros guías angelicales, todo a nuestro alrededor fluye de manera perfecta y equilibrada, podemos cumplir nuestro propósito en esta vida con mucha mayor facilidad y al mismo tiempo disfrutando. En este fascinante libro, Sonia Choquette nos da toda la información necesaria para aprender a conectarnos con nuestros espíritus guías, a fin de que podamos gozar de todo el amor, toda la abundancia y toda la felicidad que nos merecemos. PARA IR A LA PAGINA WEB DEL AUTOR PULSAR AQUI

## **Awaken Your Indigo Power**

Grounded Spirituality for the Real World Sonia and Sabrina are sisters and best friends. Trained by their mom, a world-renowned spirituality teacher and visionary guide, they know how to move through life with trust and confidence using their intuition and their intellect. They also have super regular problems, like What the heck is bad vibing me right now?, or Where does my soul want to lead me next? They love chic restaurants and Beyoncé. They talk astrology and psychology. They listen to what their Spirits love and they build their lives around what they love, instead of trying to shove their Spirits into their lives. In this book, they share with you their successes and failures. They teach you how to become your own best friend, trust your vibes and your heart, quiet that jerk that lives in your head, and move through life with confidence, trust, and creativity, even if you 're not totally sure where you 're going. Deep and real, yet silly and fun, Sonia and Sabrina invite you to become part of their tribe so you can create the life you want!

## **The Seven Types of Spirit Guide**

In Spirit Guides: 3 Easy Steps To Connecting And Communicating With Your Spirit Helpers, psychic medium Blair Robertson shows you how to live a happier and more fulfilled life with your spirit guides.

## **The Spiritual & Psychic Development Workbook - A Beginners Guide**

A practical guide to simple daily techniques for rapid spiritual progress • Explores 11 time-tested methods for spiritual advancement and how you only need to include 7 each day for spiritual growth and personal enlightenment • Includes wisdom from spiritual masters from nearly every religion, including Christianity, Buddhism, Hinduism, and more • Offers routines, tips, and tricks to keep you on track, mantras for success and sacred connection, and exercises to apply these spiritual lessons in your everyday life Enlightenment means becoming a light unto yourself. But how does one get on the path to enlightenment? In this practical spiritual guide, Simon Chokoisky shares 11 time-tested yet simple daily techniques to help you find your spiritual path, or “dharma,” no matter what your spiritual background--be it Christian, Hindu, Buddhist, or Agnostic. He explains how everyone has a unique learning style as well as a spiritual style--your “Dharma type”--and how the Dharma method allows you to pick any seven of the 11 methods described in the book to practice. You can even change them daily, all based on your unique needs. And by holding to the 7/11 “rule” daily, you’ll soon find yourself on the road to rapid spiritual progress and personal enlightenment. In this book, the author explains how he distilled these 11 spiritual techniques from centuries of methods used by spiritual masters from around the world. He details the 5 different Dharma types and provides personality tests to determine your type. He provides routines, tips, and tricks to keep you on track as well as thoughtful exercises to help you apply spiritual principles in your everyday life. He explores how to apply the commandments of the Judeo-Christian tradition, the Yoga Yamas and Niyamas, and the Buddhist 8-fold path based on your Dharma type. He discusses the power of sound and how to use mantras for success and sacred connection. He also

explains the best ways to purify your body and mind as well as how to create a “standing wave” of spiritual power to recharge yourself anytime during the day. Showing how spirituality is inherent in each of us and is abundant, free, and easy to cultivate, the author reveals how you can best cultivate your spiritual light and share it with the world.

## **Trust Your Vibes**

In *The Psychic Pathway*, third-generation psychic Sonia Choquette reveals her practical twelve-week programme for expanding awareness, reconnecting to your intuition and imagination and discovering a route to your true self. Published for the first time in the UK, this is a key text in her backlist that her fans will greatly appreciate. This guidebook covers everything you'll need to start living an inspired, spiritual life. With these simple steps, you'll be able to connect closely with your psychic self - the still voice within that is a direct conduit to the divine. Drawing on spiritual traditions and psychic practices from across the world, Sonia's playful style will offer you an easy route to inner growth. Inside you'll learn to:

- Notice and understand the psychic impact of others
- Discover the soul's true desires
- Clear away negativity
- Understand and use psychic tools (the pendulum, the Tarot deck, the I-Ching and more)

## **Dissolving the Ego, Realizing the Self**

*Ask Your Guides* is a 52-card psychic-intuitive oracle card deck (with an accompanying guidebook) based on the traditional minor arcana of the Tarot. The deck is designed to not only guide you, the seeker, through present and upcoming life events and challenges, but will also connect you directly with specific spirit guides and Divine helpers who are there to help you navigate through these transitions and challenges successfully.

## **Messages from the Guides Transformation Cards**

Just as taking vitamins strengthens and empowers your body, the daily reminders in this book serve as psychic vitamins to support your ability to trust your vibes.

## **Power Animals**

"In this fascinating book, Steven Farmer guides you through a journey to discover and connect with your power animal. Once you've determined who your power animal is, you can refer to the text to learn what this says about you, find instructions on how to call upon the spirit animal, and read a channeled message for you from that animal spirit. You'll also find out which animal spirit to call on for particular situations. Your power animal will not only help you develop a greater

sense of personal and spiritual power, but will also help you heal physically, emotionally, and spiritually--as well as guide you through difficult life transitions. Working with your power animal will put you in touch with your own instinctual nature, thereby increasing your intuitive awareness and enhancing every area of your life."--Wheelers.co.nz.

## **Attunement**

Bestselling author, Doreen Virtue, brings you this enlightening book on connecting with your inner calling; recognition of your higher purpose; and spiritual power for healing. Doreen describes her innate spiritual gifts, such as psychic communication and spiritual healing abilities. She tells us how we all have these innate gifts, and provides The Lightworker's Way as a guidebook on how to bring these abilities to fruition. The Lightworker's Way will help you to set your spirit free, teaching you how to have miracles in your life as an everyday experience. It tells you how to divinely plan your life, heighten your psychic receptivity, open your third eye, make peace with God, and much, much, more.

## **Spirit Guides & Angel Guardians**

When we travel at the speed of love, we choose to live in a frequency of unconditional love. Today, most of us travel at the frequency of fear and live with a victim consciousness. When we're traveling at the fear frequency, no matter how fast we go, we can never get to our destination. The victim consciousness is based on the premise: "I have no choice." Traveling at the speed of love means taking our power back. We're actually in a different universe when we travel at the speed of love. Our world is not a menacing, threatening race geared to cheat death. It becomes, at any moment, so satisfying that if this were our last moment on Earth, that would be okay. This is not to say that change is easy. To travel at the speed of love might require a complete paradigm shift in the way you look at your everyday existence. In this fascinating book, Sonia Choquette provides a practical, in-the-trenches guide that will reveal how you can reprogram your brain and change your life for the better. Ask yourself this question: What frequency are you traveling on right now?

## **Chakra Clearing**

Discover the different types of spirit guides, how to communicate and work with them and how they can help you in every facet of life. Connect with your personal team of spirit guides, and draw on their ancient wisdom and healing to overcome challenges, unlock success and achieve your dreams. The Seven Types of Spirit Guide is the first-ever exploration of the cosmic helpers who have communicated with everyday people across cultures and throughout human history. Spirit guides take many forms, and in this book spirit guide medium Yamile Yemoonyah will introduce you to each of the seven types: angels, ancestors, nature spirits, star beings, animal spirits, ascended masters and deities. Each has specific characteristics,

gifts and challenges, and you'll learn the unique reasons your spirit guides are here to support you on your personal path. Featuring an extensive quiz to help you discover which types of spirit guide, or guides, you have, and practical advice on identifying and communicating with them, this refreshing and inclusive companion will help you to further your spiritual development, manifest your dreams and live your purpose.

## **Grace, Guidance, and Gifts**

Doreen Virtue has taught her Angel Therapy Practitioner course since 1997, helping thousands to learn the skills of spiritual healing and psychic readings in concert with the angels and archangels. Now, she has amassed the tools, secrets, and exercises that she teaches her students in a comprehensive handbook. Whether you're a professional healer, or just want to polish your natural spiritual gifts, this handbook is a vital reference tool that you can refer to again and again.

## **Tune In**

When you clear away negative energy residues from fear and worry, your natural spiritual power awakens. This innate power allows you to know the future; freely communicate with God and the angels; and heal yourself, others, and the planet. In Chakra Clearing, Doreen Virtue guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. Enclosed you'll also find a download link for meditative audio that complements the material in the book. The audio starts with a morning meditation designed to begin your day with a bright, positive energy frequency and surround you with healing light. The relaxing evening meditation that follows clears away energy that you may have absorbed during the day, and invites angels to enter your dreams and give you divine messages.

## **The Wise Child**

They come to our aid when we least expect it, and they disappear as soon as their work is done. Invisible helpers are available to all of us. In fact, we all regularly receive messages from our guardian angels and spirit guides, but usually fail to recognize them. This book will help you to realize when this occurs. And when you carry out the exercises provided, you will be able to communicate freely with both your guardian angels and spirit guides.

## **Energy Oracle Cards**

Your guardian angels are continually giving you messages, frequently through signs, such as seeing rainbows, repetitive number sequences, finding coins or feathers, and hearing meaningful songs. In this fascinating book, Doreen Virtue and her

son Charles teach you how to understand the signs that are always around you. You'll gain comfort from reading true stories of how angels have answered prayers by giving clear signs revealing their love and protection. You'll also learn how to ask the angels for signs, along with specific prayers for your relationships, career, health, and other vital areas of your life.

## **You Are Amazing**

A collection of inspirational passages, affirmations, and wisdom from the author of *The Psychic Pathway* is accompanied by suggestions on how to bring more joy into one's life, simple meditations, and more. 20,000 first printing.

## **The Fool's Wisdom Oracle Cards**

How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to dissolve illusion and realize the state of enlightenment? In this collection of inspiring passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to dissolve the ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, to inspire contemplation and reflection during a break at work, while hiking in the woods, during a quiet coffee-shop moment, on an airplane, with a partner—in whatever environment one finds oneself. *Dissolving the Ego, Realizing the Self* is a reliable companion on the aspirant's quest toward higher truth.

## **The Miracle Club**

If you would you like to learn a complete Spirit Guides to contacting and communicating with the Spirit World then continue reading Whether you realize it or not, you are in constant contact with your spirit guides. Your spirit guides, a team of energetic beings, are ever-present spiritual teachers offering guidance, support, wisdom, and love. Have you ever felt like there was something else out there? The spirit world is all around us, we are, in fact, part of it. Most people go through their lives with only a limited awareness, if any, of this wider existence. The occasional glimpse from the corner of your eye of somebody or something which isn't actually "there". Sudden, unexpected coincidences, which may be beneficial or otherwise. Sounds that may or may not be real, a door which opens unexpectedly and can't quite be explained away by the breeze. All of these are "signs" of the unseen, or half-seen, presence of the other planes of existence. Some people are born with an innate ability to sense the spirit world far more clearly than others. These people may come from a long line of clairvoyants, mediums and psychics, while in some cases these skills seem to spring from nowhere. It is often highly evolved souls who possesses these skills and many of them will tell you that working with the spirit world can be a great

pleasure and blessing, while at times it can be onerous and very burdensome. Here Is a Sneak Peak of what you'll learn Shamans in the Eyes Of Our Ancestors First and Safe Steps to Meeting Your Guides What to Expect With Your Encounters Meeting Positive Spirits Dealing with Potential Negative Presences (And What To Do About It Building Spiritual Relationships And much much more! Your spirit guides are there waiting for you. They want to help you start living your life to the fullest. Why not start connecting today? This book was created for the absolute beginner looking to explore the spirit world but has limited experience or knowledge. Get your copy now or Click "add to Cart" to receive your copy.

## **Signs From Above**

52-Card Deck and Guidebook The Fool's Wisdom Oracle Cards are designed to accelerate personal empowerment and spiritual growth. The "Fool" is the universal archetype of our witness self, the eternally objective Divine voice who resides within all of us. He observes and comments on our lives as we journey through the human experience, pointing out what we sometimes refuse to acknowledge. He helps us recognize the folly of living from the ego's limitations when we're meant to live as holy and Divine creative beings. You can seek the Fool's wisdom on any subject at any time. Use these oracle cards to attain personal growth; deeper insights; and clarity into any situation, relationship, decision, interaction, or question you may have. The accompanying guidebook will help you interpret the cards' meanings and spark your own intuition. Consult the Fool's wisdom daily and it will shed light on all the blind spots and shadows that keep you from expressing your highest truth. Each of the Fools carves a pathway to a more authentic life. Through these oracle cards, you'll come to embrace and deeply value your own inner Fool—your Divine witness and wise self.

## **Waking Up in Paris**

Having observed thousands and thousands of people from virtually every walk of life, with every advantage or disadvantage, Sonia Choquette can confidently say that the only ones who genuinely succeed, who find peace and joy in their hearts and take great pleasure in their experiences, have a different way of going about things. Rather than relying solely on their egos—their defended, insecure personalities—suffering the assaults life renders them, they turn to a higher aspect of their nature, the Spirit within, and let this direct their lives. The ten simple yet necessary steps outlined in this book will allow you to make that connection to your authentic Spirit and experience your truth. As Sonia says, "These aren't just metaphysical theories, but are tried-and-true, grounded practices that will lead you directly back to you: the best, holiest, most delightful and delighted you, free of fear and filled with light." The most exciting part is that learning to love yourself and live your Spirit is actually quite simple when you realize the truth revealed herein: that you are not the ego, but rather are Divine, Holy Spirit. Once you do, everything will come alive in light and joy. Love yourself and live your Spirit, and your life flows peacefully. It really is that simple

## **The Dharma Method**

In this fascinating and informative book, spiritual teacher and psychic Sonia Choquette reveals the secrets you need to awaken your intuitive voice and . . . trust your vibes. If you're ready to step into a Divine, more energetically uplifting experience and live an easier, more satisfying way of life, you'll learn how to do so within these pages. In this work, Sonia presents real-life stories of those who learned to tap into their intuition to drastically change and improve their lives; see what they do, how they think, the choices they make, and the attitudes and perspectives they own. In modeling yourself after sixth-sensory people, you too can activate your own intuitive channel. Your intuition supports your creativity, helps heal your emotional wounds, and calms your anxious and uncertain heart. It brings you peace of mind and shows you how to live in a higher, more harmonious way.

## **Spirit Guides**

Are You a Lightworker? A Lightworker is someone who has a rare gift: the ability to lend their healing energy to a planet that is now heavy with fear and negativity. But Lightworkers aren't necessarily well-known spiritual gurus—they are also musicians and artists, shopkeepers, accountants, stay-at-home moms, and people you pass on the street. They share their gifts in many ways; by speaking out for those who have no voice, creating glorious works of art that uplift our planet, or perhaps writing music that elevates our spirits. But many Lightworkers have forgotten their divine purpose. They live among us, unaware of who they really are. And we can't always recognize them or fully understand their special qualities. But one thing is certain: the Earth is more in need of them than ever before. Here, Sahvanna Arienta—long-time psychic medium and intuitive advisor with clientele from around the globe—shows how to: Discover the true origin of your soul Realize your unique gifts Learn how anxiety, depression, or addiction may actually be signs of a Lightworker's highly sensitive nature Transform you sensitivities into extrasensory perceptions And use these qualities as healing powers Sahvanna Arienta's Lightworker will change the way you view yourself and your life's challenges and to discover your true place in the world.

## **Ask Your Guides**

The message of this popular book, in its seventeenth printing since first publication in 1985, is that we are not alone. We are surrounded at all times by love and support. The aim of author Iris Belhayes, who in the year 2000 passed into the world of spirit, was and is to help readers find their way back "home" to the love which is there whenever we choose to experience it. In this book, Iris shared what she learned from Enid, a spirit guide who communicated with her over a period of many years. Enid's explanation of the roles of spirit guides and spirit families in our lives is one of hope, of joy and of

reassurance. In this exciting view of the cosmos, all of us seek experience above all-and all experiences contribute to the world. There are no monsters, no demons, no evil creatures, except those we conceptualize and create in our own minds and imaginations. This inspirational and uplifting book can be read on two levels. One level assumes spirit guides are actual entities from the other side. The other level considers guides our own inner wisdom. Like the many-layered universe she discusses, the approach of Iris Belhayes was very rich and can be viewed from several perspectives. But all viewpoints communicated a vision that is full of hope, love and affirmation. Iris and Enid explain how each of use organizes our life according to a preset game plan that we freely choose! Our spirit guides and spirit families provide support and reassurance in helping us live out that game plan and have the many varied experiences we seek. Besides offering a sense of meaning and purpose, the author presents techniques for getting in touch with your own spirit guides. Her message is one of strength and power. She encourages readers to go beyond what they think they see and experience physically to what she calls Real Reality, which is multidimensional. She discusses some of the other levels of reality and other beings which exist, and offers instructions for how we can go beyond our "physical universe trance states" to even higher levels of consciousness and understanding. If you are ready to expand your boundaries of what is possible, this is the book for you!

## **Creative Visualization for Beginners**

Join New York Times best-selling author and internationally renowned teacher and intuitive guide Sonia Choquette as she reveals a simple four-step plan for achieving lifelong inner transformation. In this revised and expanded edition of her book *The Power of Your Spirit*—and distilled from more than 35 years of helping others get in touch with their true selves and discover their souls' purpose—Sonia provides profound yet accessible wisdom to those seeking to transcend the strictures of an ego-driven existence and experience the joy and fulfillment of an intuitively guided, Spirit-driven life. Illuminated with even more engaging and powerful stories of personal transformation from her life and practice than in the original version, this invaluable book instructs seekers at all stages of their spiritual journeys how to directly tune in to their intuition. Sonia also provides additional practical exercises and rituals—including breathing techniques, visualizations, journaling questions, and a step-by-step guide to setting up and using a personal altar—to help us place our intuition at the helm of our spiritual quests and in the heart of our daily lives. Whether you're just beginning to tap into your intuition or are already living in the flow, *Tune In* offers a wealth of inspiration that will enable you to engage more deeply with your inner Spirit, your authentic Self, and live a more rewarding, fearless, and compassionate life.

## **Your Psychic Pathway to Joy**

*Soul Lessons and Soul Purpose* is a book channeled by Sonia Choquette's spirit teacher guides, The Three Bishops, as well as Joachim and the Emissaries of the Third Ray. These highly evolved and loving guides work specifically to bring about

understanding, direction, and support to all souls so that we may learn to become the creative masters of the life that we're intended to have on Earth. The guides state that Earth is "soul school," and that we're here to master 22 basic soul lessons in order to fulfill our purpose. Each lesson is laid out in such a way that anyone - on any level - will be ready to follow the instructions. The guides make it very clear in this book that the timing to learn our soul lessons, open our hearts, and raise our vibration on the Earth plane is now. Negative occurrences will worsen if our energy doesn't shift and elevate to a more loving plane. We have no time to waste!

## **The Psychic Pathway**

Providing an introduction to the theory and practical basics of spiritual and psychic development, this book includes a number of relevant exercises.

## **The Lightworker's Way**

We're all spiritual beings with a spiritual support system on the Other Side that oversees and helps guide our lives from the moment we're born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our life's journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow during which we grow our souls, fulfill our life's purpose, and make our time on Earth endlessly entertaining. This fascinating and inspirational book by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy you're entitled to.

## **Raise Your Vibration**

Sonia Choquette discovered her psychic abilities as a young child. Gifted from birth, she was able to see beyond the veil of the inner workings of her family members', friends', and neighbors' lives. While still a teenager, she began to give readings, amazing her clients with her psychic insights. Seeking to deepen her skills, she studied with two master psychic/spiritual teachers and began to see beyond predictions of the future . . . into the causes of the future. With the help of a group of spiritual guides who have been working with her since childhood, and combining this support with metaphysical law, Sonia developed the ability to see the soul plan that each of us is born with. It became her mission to put her clients' lives back on track, steering them through the tricky waters of romance, divorce, illness, high finance, sickness, and death. She became a soul guide for "happy endings." By pulling back the curtain and sharing her personal story, this revolutionary new teacher and world-renowned psychic shatters the myth that psychic implies psycho, and reveals the beauty and power the sixth

sense holds for us all! A teacher, an author, and a storyteller, as well as a gifted psychic, Sonia Choquette is in international demand for her guidance, wisdom, and capacity to heal the soul. This is a story of the Evolution of the "6th Sense" fresh from a child's perspective. Also, this is "Just A Great Read!"

## **Diary of a Psychic**

Explains how to provide children with a sense of direction and safety that supports their spiritual growth, and includes exercises for developing and recognizing intuition

## **Vitamins for the Soul**

The Energy Oracle Cards are designed to reveal both the present energy you project and the results you are likely to attract. The unlimited power of your own consciousness is a vital force that moves through the Universe and plants the seeds of your destiny far and wide. These easy-to-use cards will help you to understand what your consciousness is creating, as well as reveal any hidden blocks that may be delaying your progress. The information they bring will empower and inspire you, for it comes from heavenly messengers, friends from the spirit realm, and your own higher self. All that you need is available to you, so let your intuition soar. Listen to the messages they bring and take your life to wonderful new heights!

## **Ask Your Guides**

You have the ability to visualize success and manifest each one of your hopes and dreams. A natural capacity of the human mind, creative visualization helps millions of people achieve their goals. Creative visualization will empower you to make positive, lasting changes in your own life. Award-winning author Richard Webster presents an effective system for making your dreams come true, including methods for handling difficulties along the way. Try a variety of simple activities and easy-to-follow techniques to: Improve your health Build rewarding relationships Advance your career and earn more money Supercharge your creativity Nurture and restore your soul

## **Pregunta a tus guías**

A guide to creating miracles in your own life through the power of thought • Offers a concise, clear formula of focused exercises and concrete tools to lay out a specific path to manifest your deepest desires • Presents the first serious reconsideration of New Thought philosophy since the death of William James in 1910 • Draws on the work of New Thought pioneers such as Ralph Waldo Emerson, Napoleon Hill, Neville Goddard, William James, Andrew Jackson Davis, Wallace D.

Wattles, and many others Following in the footsteps of a little-known group of esoteric seekers from the late-nineteenth century who called themselves “the Miracle Club,” Mitch Horowitz shows that the spiritual “wish fulfillment” practices known as the Law of Attraction, Positive Thinking, “the Secret,” and the Science of Getting Rich actually work. Weaving these ideas together into a concise, clear formula, with real-life examples of success, he reveals how your thoughts can impact reality and make things happen. In this “manual for miracles,” Horowitz explains how we each possess a creative agency to determine and reshape our lives. He shows how thinking in a directed, highly focused, and emotively charged manner expands our capacity to perceive and transform events and allows us to surpass ordinary boundaries of time and physical space. Building on Neville Goddard’s view that the human imagination is God the Creator and Ralph Waldo Emerson’s techniques for attaining personal power, he explores the highest uses of mind-power metaphysics and explains what works and what doesn’t, illuminating why and how events bend to our thoughts. He encourages readers to experiment and find themselves “at the helm of infinite possibilities.” Laying out a specific path to manifest your deepest desires, from wealth and love to happiness and security, Horowitz provides focused exercises and concrete tools for change and looks at ways to get more out of prayer, affirmation, and visualization. He also provides the first serious reconsideration of New Thought philosophy since the death of William James in 1910. He includes crucial insights and effective methods from the movement’s leaders such as Ralph Waldo Emerson, Napoleon Hill, Neville Goddard, William James, Andrew Jackson Davis, Wallace D. Wattles, and many others. Defining a miracle as “circumstances or events that surpass all conventional or natural expectation,” the author invites you to join him in pursuing miracles and achieve power over your own life.

## **Ask Your Angels**

Our greatest purpose in life is to free ourselves of the limiting patterns of ego and soul that keep us chained to painful, disempowered lives so that we can fully realize the authentic and holy Spirits we are. This journey can feel overwhelming—even impossible—unless we gain access to the three sacred blessings of Spirit, made available to us from God. Without them we fail. These sacred blessings are God’s grace, inner guidance, and personal gifts. Grace lifts us beyond our own ability, inner guidance leads the way, and personal gifts are both the inner and outer resources given to us to succeed at every step. It is up to us to ask for these sacred blessings, and we must do so now more than ever before. This inspiring book will show you how. Through the use of daily lessons, specific prayers, personal intentions, and powerful mantras, you will be showered with these blessings every day of your life. Simply open up this book and call upon your sacred blessings right now. Use it every day to keep your blessings flowing and guide your way back home.

## **Spirit Guides**

Angels have been with us in every time and culture, and in many religious traditions. Ask Your Angels vividly chronicles how

they are currently reaching out to every one of us in a totally new way, bridging our physical reality with their pure spiritual energy. From historical writings and widespread contemporary experience that includes their own workshops, the authors show us how we can draw on the power of angels to reconnect with our lost inner selves and to achieve our goals, whether they be better relationships, healing an illness, or recovery from addiction To align with the angelic energy field, you will use five simple steps, as well as exercises, meditations, and visualizations, to learn how to talk with your angels—in your mind, in letters, in dreams, on a computer—and ask their guidance in matters from the inspired to the mundane. From Gabriel, Michael, Raphael, and Uriel to the angels of birth and death, from the Earth Angel to the guardian or companion angel who is your personal teacher, comforter, and intimate friend, this guide will introduce you to humor, wisdom, and companionship that come from contact with angels, for they are a doorway to the Divine within us.

## **Spirit Guides**

The generation of Indigos —the bright, intuitive, strong-willed children born from the mid-1970s on —are now adults, and they have fresh healing information to teach! Doreen Virtue and her Indigo son Charles Virtue (co-authors of the Indigo Angel Oracle Cards) explain the Indigos' group purpose of bringing truth and integrity to our planet, and show how this new energy is beneficial to us all. You will learn how to:

- Harness the Indigo intensity for positive healing purposes
- Overcome fears related to leadership and being authentic
- Superpower your life by hearing, speaking, and living your inner truth

Doreen and Charles discuss how the new energy that the Indigos have brought to our planet enables all of us to heal physically and emotionally at a faster rate. Whether you're an Indigo yourself or a parent or caretaker of one, this book will usher into your life new levels of understanding, peace, and purpose.

## **Lightworker**

In this book, gifted medium, intuitive healer, and channel Marisa Moris introduces readers to her bevy of guides. Marisa also shares the story of her spiritual awakening and the steps that have led her to her present abilities. Readers will learn that they, too, can develop these abilities, as she will demystify the spiritual world for a new generation. Marisa offers simple exercises readers can do to attune themselves to the highest universal energies. These exercises include meditation, grounding, Heart Space Attunement, an energy-clearing Soul Bath, the Snow Globe visualization technique, and more!"Experience YOU in a whole new way. Meet and become your Higher Self!"

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)  
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)