

Coercive Control How Men Entrap Women In Personal Life Interpersonal Violence

Operation LighthouseIn an Abusive StateA Practical Guide to Coercive Control for Legal Practitioners and VictimsLook what You Made Me DoNo Visible WoundsWhy Women Are Blamed For EverythingCoercive ControlPower and ControlEverything You Need to Know about Family ViolenceResponding to Domestic ViolenceCriminalising Coercive ControlViolence against WomenA Typology of Domestic ViolenceWomen, Violence and Social ChangeMothering Through Domestic ViolenceShhh, Quiet! HBMale Peer Support and Violence Against WomenSee What You Made Me DoViolence Against WomenThe Quincy SolutionCoercive ControlWhy Don't You Just Talk to Him?Dear John, I Love JaneThe Oxford Handbook of TerrorismEverything You Need to Know About Street GangsWhy Do They Kill?Coercive ControlCoercive Control: Breaking Free From Psychological AbuseCounselling Survivors of Domestic AbuseResponse Based Approaches to the Study of Interpersonal ViolenceNo Visible BruisesWomen at RiskDomestic Abuse, Homicide and GenderPartner StalkingWomen who KillViolent BetrayalHow To Kill A NarcissistInvisible ChainsLeaving DorianMotherless America

Operation Lighthouse

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One of the most important books ever written on domestic violence, *Coercive Control* breaks through entrenched views of physical abuse that have ultimately failed to protect women. Evan Stark, founder of one of America's first battered women's shelters, shows how "domestic violence" is neither primarily domestic nor necessarily violent, but a pattern of controlling behaviors more akin to terrorism and hostage-taking. Drawing on court records, interviews, and FBI statistics, Stark details coercive strategies that men use to deny women their very personhood, from "beeper games" to food logs to micromanaging dress, speech, sexual activity, and work. Stark urges us to move beyond the injury model and focus on the real victimization that allows men to violate women's human rights with impunity. Provocative and brilliantly argued, *Coercive Control* reframes abuse as a liberty crime rather than a crime of assault and points the way to bringing "real" equality for women in line with their formal rights to personhood and citizenship, freedom and safety.

In an Abusive State

A study of women murderers in America from precolonial times to the present reveals a social history of the United States in terms of the women who murdered and their crimes

A Practical Guide to Coercive Control for Legal Practitioners and Victims

Research into children and domestic violence in

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recent years has emphasized the importance of giving positive support to a non-abusive parent for effective child protection. But what exactly does positive support involve? Based on findings from six primary research studies carried out by the authors themselves, as well as other published research, this book reveals how undermining mothering - specifically, family courts and social work agencies blaming mothers for their own victimization - plays a key role in locking women into abusive relationships and exacerbating the damage done by domestic violence. It explores the principle message drawn from the research: that the needs of individual victims should inform risk assessment and safety planning by welfare practitioners. Case studies are used to explore key issues that should be considered during assessment and planning, such as the psychological impact on children of living in an abusive household; mother and child protection from an abusive partner during court proceedings; and child contact with an abusive parent. *Mothering Through Domestic Violence* is essential reading for practitioners working in the fields of family and child welfare, family courts and policy makers.

Look what You Made Me Do

Domestic abuse is a national emergency: one in four Australian women has experienced violence from a man she was intimate with. But too often we ask the wrong question: why didn't she leave? We should be asking: why did he do it? Investigative journalist Jess Hill puts perpetrators - and the systems that enable

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them - in the spotlight. See *What You Made Me Do* is a deep dive into the abuse so many women and children experience - abuse that is often reinforced by the justice system they trust to protect them. Critically, it shows that we can drastically reduce domestic violence - not in generations to come, but today. Combining forensic research with riveting storytelling, *See What You Made Me Do* radically rethinks how to confront the national crisis of fear and abuse in our homes. 'A shattering book: clear-headed and meticulous, driving always at the truth'—Helen Garner 'One Australian a week is dying as a result of domestic abuse. If that was terrorism, we'd have armed guards on every corner.' —Jimmy Barnes 'Confronting in its honesty this book challenges you to keep reading no matter how uncomfortable it is to face the profound rawness of people's stories. Such a well written book and so well researched. *See What You Made Me Do* sheds new light on this complex issue that affects so many of us.'—Rosie Batty

No Visible Wounds

Battering by men is the most significant cause of injury to women in our society. It is also a major cause of child abuse, murder, substance abuse and female suicide attempts. This volume, the result of 15 years of research conducted by the authors - a social worker and physician respectively - explores the theoretical perspectives of this dramatic expression of male domination, together with health consequences for women and clinical interventions. The authors found that the traditional resources women turn to for

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help reinforce male domination: the medical, psychiatric and behavioural problems presented by battered women arise because male strategies of coercion, isolation and control converge with discriminatory structur

Why Women Are Blamed For Everything

When you are showered with attention, it can feel incredibly romantic and can blind you to hints of problems ahead. But what happens when attentiveness becomes domination? In some relationships, the desire to control leads to jealousy, threats, micromanaging--even physical violence. If you or someone you care about are trapped in a web of coercive control, this book provides answers, hope, and a way out. Lisa Aronson Fontes draws on both professional expertise and personal experience to help you: *Recognize controlling behaviors of all kinds. *Understand why this destructive pattern occurs. *Determine whether you are in danger and if your partner can change. *Protect yourself and your kids. *Find the support and resources you need. *Take action to improve or end your relationship. *Regain your freedom and independence.

Coercive Control

Violence against women is an enduring problem around the globe, yet very few books look at the full range of men's violences against women - perpetrated in relationships, in the family, in public spaces, and in institutions. While books that look at

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different types of violence, such as domestic violence, 'honour' based violence and rape in isolation are useful for depth, it is only by looking across these different spheres that the true extent of men's violences against women becomes clear. This book usefully covers all of the main forms of violence against women, looking at it from a research, policy, and practice perspective. Including discussion of fifteen different types of violence against women, this book is original in offering an introduction to such a broad range of topics, and for including chapters on violences that have rarely been written about, as well as those that are more commonly discussed and those that have been sidelined in recent years. By bringing together work on violence against women committed by partners, family members, strangers, acquaintances, institutions and businesses, this book widens the lens through which we view men's violences against women. Violence against Women is essential reading for criminologists and sociologists who want to be up to date with cutting-edge knowledge on this topic. It is also an invaluable text for those training to enter or become qualified in the specialist domestic and sexual violence sector.

Power and Control

A practical guide to coercive control and its relevance to different areas of law with a particular focus on family law, including the problems facing victims when utilising legislation, risk assessment, the link between coercive control and stalking, protective orders, legal aid, and how coercive control is relevant

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to family court proceedings.

Everything You Need to Know about Family Violence

An important and timely reassessment of a crucial theory in male violence against women

Responding to Domestic Violence

This new edition of the bestselling *Responding to Domestic Violence* explores the response to domestic violence today, not only by the criminal justice system, but also by public and non-profit social service and health care agencies. After providing a brief theoretical overview of the causes of domestic violence and its prevalence in our society, the authors cover such key topics as barriers to intervention, variations in arrest practices, the role of state and federal legislation, and case prosecution. Focusing on both victims and offenders, the book includes unique chapters on models for judicial intervention, domestic violence and health, and children and domestic violence. In addition, this edition provides an in-depth discussion of the concept of coercive control in domestic violence and its importance in understanding victim needs. Finally, this volume includes international perspectives in order to broaden the reader's understanding of alternative responses to the problem of domestic violence.

Criminalising Coercive Control

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The devastation of a controlling relationship has to be endured to be believed. From the constant fear of upsetting your spouse, the walking on eggshells in case you've done or said something wrong, or the relentless feeling of anxiety, a controlling partner will beat you down until you no longer recognize yourself. Coercive control will see an abuser dominate their victim's life; from the food they eat, the people they see, the places they can go and the things they can say. A controlling partner, through fear and intimidation, will seek to ensure their victim is subdued, to the point of accepting any and all abuse that's fired their way. By manipulation, gaslighting, lies, and hurtful insults, the abuser will make their victim a willing puppet on a string, ready to be utilized how the controlling spouse sees fit. Coercive control is seldom talked about in comparison to other forms of abuse, yet it's so commonplace in relationships. Plenty of victims of this type of behavior may not even be aware that's it's full-blown abuse. Many more see controlling behavior as their partner's way of showing they 'care'. In order to shed light on this topic, and reach out to those who need help in understanding and overcoming a controlling partner, I have created this book as their starting point. I was shackled to a malignant narcissist for many years of my life, being controlled and manipulated, day-in, day-out. As a proud survivor of abuse, I feel obligated to help others in their journey towards getting their power back and recovering from the cruel effects of an abusive relationship. This book will cover the following: - what coercive control is - the devastating effects of a controlling relationship - financial coercion - breaking the spell of abuse - coercive control after

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separating I use my own experiences, as well as those of the survivors I've connected with via Escape the Narcissist, to help piece together the things you need to know about this type of abusive relationship.

Violence against Women

Describes the effects of non-physical abuse, tells how to evaluate relationships, and gives advice on responding to and recovering from this form of psychological abuse

A Typology of Domestic Violence

It is estimated that a quarter of all women will be stalked in their lifetime. Stalkers put their victims in danger of losing their jobs, their support system, even their lives; and subject them to dangerously high levels of fear and stress. This book examines the multiple aspects of partner stalking from the victim's perspective. Female survivors share their personal stories of partner stalking, and the authors provide an extensive look at the latest stalking research providing readers with the new most relevant implications for practice and future research.

Women, Violence and Social Change

Discusses facts about spouse and child abuse and describes what victims of abuse are doing to stop it.

Mothering Through Domestic Violence

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Would you like to share a \$500 billion reward? It might sound too good to be true, but this is the benefit to society of adopting the Quincy Solution with its proven practices to dramatically reduce domestic violence crime. Barry Goldstein has spent his career working to prevent abuse so he knew how to synthesize history and research about practices that stop domestic violence with medical research about the enormous health impact from stress related to domestic violence and child abuse. Barry started by reviewing the successful practices in Quincy, San Diego, and Nashville. Domestic violence is not inevitable, and it is not surprising it can be prevented with a group of best practices. He updated the proven practices with new research, technology, and inclusion of the custody courts. The primary obstacle was inertia and money. Then the ACE (Adverse Childhood Experiences) research established that children exposed to domestic violence, child abuse, and other traumas suffer more illnesses and injuries throughout their lives. We can reduce societal problems like cancer, heart disease, substance abuse, and crime--and dramatically improve our economy. This is the Quincy Solution. Domestic violence is not inevitable. The Quincy Solution is based on successful practices in Quincy, Nashville, and San Diego so we know it works. The \$500 billion in annual savings from the Quincy Solution comes from prevention of illnesses and injuries, reduced crime, and victims reaching their economic potential. The Quincy Solution is more than an absence of abuse. Women and children will be safe in their homes and free to reach their potential. ABOUT THE AUTHOR: Barry Goldstein has dedicated his career to stopping men's

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violence against women and preventing the mental, emotional and physical trauma it inflicts on their children. A passionate and sought-after speaker, Barry's the author of four other books on domestic violence. "I can't help but think of all the courageous women who died and all the anguished faces of the children they left behind -- who might have been saved by this book."~ Rita Smith, Former Executive Director, National Coalition Against Domestic Violence "Barry Goldstein compiles shocking data showing how our legal system enables violence against women and children. Buy this book."~ Wendy Murphy, New England Law Boston, Author "And Justice For Some" "Domestic violence can be stopped. This book proves it."~ Andrew Willis, Survivor, Founder Stop Abuse Campaign "Barry Goldstein has eloquently captured the crisis that is domestic violence in America today, but his real gift is that of hope." ~ Sarah Buel, Survivor, Advocate, Law Professor and former Quincy Prosecutor "A must-read for advocates, police officers, lawyers, judges and anyone who cares about saving the lives of domestic violence victims." ~ Lt. Mark Wynn (ret), Nashville PD "A long-awaited, desperately-needed gift to battered women and their children. This plan could become the Holy Grail of custody litigation."~ Mo Therese Hannah, PhD, Chair of the Battered Mothers Custody Conference "Preventing domestic violence can interrupt the cycle of violence that harms children, families and communities. It's critical to use science to demonstrate what works, then move from science to practice."~ Linda C. Degutis, DrPH, MSN, Former Director, NationalCenter for Injury Prevention and Control, CDC "Shocked to learn the courts don't already make the health and

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safety of children priority one when deciding custody and visitation." ~ Kelly Rutherford Actress Sales of this book support the National Coalition Against Domestic Violence and the Stop Abuse Campaign's implementation of the Quincy Model. -- Barry Goldstein

Shhh, Quiet! HB

Women, Violence and Social Change demonstrates how refuges and shelters stand as the core of the battered women's movement, providing a basis for pragmatic support, political action and radical renewal. From this base movements in Britain and the United States have challenged the police, courts and social services to provide greater assistance to women. The book provides important evidence on the way social movements can successfully challenge institutions of the State as well as salutatory lessons on the nature of diverted and thwarted struggle. Throughout the book the Dobashes' years of researching violence against women is illustrated in the depth of their analysis. They maintain the tradition established in their first book, Violence Against Wives, which was widely acclaimed.

Male Peer Support and Violence Against Women

Examines the phenomenon of street gangs, the reasons people join them, the danger they can hold, and ways of avoiding getting involved with them.

See What You Made Me Do

The Oxford Handbook of Terrorism systematically integrates the substantial body of scholarship on terrorism and counterterrorism before and after 9/11. In doing so, it introduces scholars and practitioners to state of the art approaches, methods, and issues in studying and teaching these vital phenomena. This Handbook goes further than most existing collections by giving structure and direction to the fast-growing but somewhat disjointed field of terrorism studies. The volume locates terrorism within the wider spectrum of political violence instead of engaging in the widespread tendency towards treating terrorism as an exceptional act. Moreover, the volume makes a case for studying terrorism within its socio-historical context. Finally, the volume addresses the critique that the study of terrorism suffers from lack of theory by reviewing and extending the theoretical insights contributed by several fields - including political science, political economy, history, sociology, anthropology, criminology, law, geography, and psychology. In doing so, the volume showcases the analytical advancements and reflects on the challenges that remain since the emergence of the field in the early 1970s.

Violence Against Women

'Dr Taylor sets out a compelling case . . . gives voice and agency to women who have experienced trauma and violence' Morning Star She asked for it. She was flirting. She was drinking. She was wearing a

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revealing dress. She was too confident. She walked home alone. She stayed in that relationship. She was naïve. She didn't report soon enough. She didn't fight back. She wanted it. She lied about it. She comes from a bad area. She was vulnerable. She should have known. She should have seen it coming. She should have protected herself. The victim blaming of women is prevalent and normalised in society both in the UK, and around the world. What is it that causes us to blame women who have been abused, raped, trafficked, assaulted or harassed by men? Why are we uncomfortable with placing all of the blame on the perpetrators for their crimes against women and girls? Based on three years of doctoral research and ten years of practice with women and girls, Dr Jessica Taylor explores the many reasons we blame women for male violence committed against them. Written in her unique style and backed up by decades of evidence, this book exposes the powerful forces in society and individual psychology which compel us to blame women subjected to male violence.

The Quincy Solution

What happens when a mother divorces her abusive husband? "Motherless America: Confronting Welfare's Fatherhood Custody Program" six memoir chapters answer the question in a raw tale of corruption and cover-up. Three protagonists, a lawyer, a psychologist and a judge, collude to eliminate mother from the children's lives by calling her mentally ill, jailing, depriving her of financial resources and the ability to educate and improve herself. Under dire

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circumstances, Doreen plows forward, learns the law, only to discover and investigate the government program that funds father's abuse. Six memoir chapters humanize by using real life to demonstrate problems, showing how policy affects lives. It is not common knowledge that our government finances a family court industry that mandates abusive fathers over protecting women and children. *Motherless America* shines a light on a government program designed to give fathers control of children by way of family court. Six memoir chapters with four research chapters that inform readers of the nature of abuse and how it is processed by the family court industry; who invented the government program to make sure men control the family even after divorce; occupations that administer the program; and government funding and program design. The book concludes with a chapter that lists problems and offers solutions.

Coercive Control

A devastating story of coercive control and domestic homicide. Why would an 'ordinary' father murder his family?

Why Don't You Just Talk to Him?

Leaving Dorian is a story about finding hope and embracing the unknown, as recounted by domestic violence survivor Linda Dynel. This fast paced, riveting memoir takes the reader with Ms. Dynel on every step of her journey; from hurriedly throwing her

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children's clothes into garbage bags and gathering the weapons that her husband had stockpiled to protect his family during the Apocalypse that he was sure was coming with the New Millennium, to moving back in with her equally as imbalanced mother, which at the time she believed to be her only reasonable means of escape. "My purpose in writing Leaving Dorian was primarily to educate. The questions that were asked of me when I finally escaped are the very same questions that are asked over and over again by loved ones, lawyers and co-workers of victims. "If it was so bad, why didn't you call the police? Why did you keep having children with him? How could you just let him push you around/yell at you/hit you like that? Why didn't you fight back? How could you let your children live like that? Why didn't you leave sooner?" My hope is that by bringing the reader into my violent marriage, as well as allowing the reader to examine my upbringing and the way in which I ended up meeting and eventually marrying "Dorian," I can help the reader to understand not only how abuse starts but also how it is successfully carried out against the victim. Domestic violence is perhaps the most misunderstood of all crimes that law enforcement and social service agencies deal with on a daily basis, as it's not about poor anger management skills, substance abuse or economic stressors. Domestic violence is about one person's belief that they are entitled to have complete control over another human being. It is my sincerest hope that Leaving Dorian will enable those in the mental health and counseling professions, as well as loved ones of victims, to gain an entirely new and fresh perspective on what a victim of domestic violence

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really grapples with every day. It is only through education and understanding that we will ever, as a society, put an end to the erroneous thought processes that allow domestic violence to continue to flourish."

Dear John, I Love Jane

In an Abusive State puts forth a powerful argument: that the feminist campaign to stop sexual violence has entered into a problematic alliance with the neoliberal state. Kristin Bumiller chronicles the evolution of this alliance by examining the history of the anti-violence campaign, the production of cultural images about sexual violence, professional discourses on intimate violence, and the everyday lives of battered women. She also scrutinizes the rhetoric of high-profile rape trials and the expansion of feminist concerns about sexual violence into the international human-rights arena. In the process, Bumiller reveals how the feminist fight against sexual violence has been shaped over recent decades by dramatic shifts in welfare policies, incarceration rates, and the surveillance role of social-service bureaucracies. Drawing on archival research, individual case studies, testimonies of rape victims, and interviews with battered women, Bumiller raises fundamental concerns about the construction of sexual violence as a social problem. She describes how placing the issue of sexual violence on the public agenda has polarized gender- and race-based interests. She contends that as the social welfare state has intensified regulation and control, the availability of services for battered

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women and rape victims has become increasingly linked to their status as victims and their ability to recognize their problems in medical and psychological terms. Bumiller suggests that to counteract these tendencies, sexual violence should primarily be addressed in the context of communities and in terms of its links to social disadvantage. In an Abusive State is an impassioned call for feminists to reflect on how the co-optation of their movement by the neoliberal state creates the potential to inadvertently harm impoverished women and support punitive and racially based crime control efforts.

The Oxford Handbook of Terrorism

This book considers whether coercive control (particularly non-physical forms of family violence) should be prohibited by the criminal law. Based on the premise that traditional understandings of family violence are severely limited, it considers whether the core of family violence is power-based controlling or coercive behavior: attempts by men to psychologically dominate their partners. Such behavior can cause significant psychological, physical and economic harms to victims and is increasingly recognized as a form of human rights abuse. The book considers the new offences that have been introduced in England and Wales (controlling or coercive behavior), Ireland (controlling behavior) and Scotland (domestic abuse). It invites consideration of three key questions: Do conventional criminal laws adequately regulate non-physical abuse? Is the criminal law an appropriate mechanism for

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responding to the coercive control of family members? And if a new and distinctive offence is warranted, what is the optimal form of that offence? This ground-breaking work is essential reading for researchers and practitioners interested in coercive control and the proper role of the criminal law as a mechanism for regulating family violence.

Everything You Need to Know About Street Gangs

Narcissism is an overwhelming and confusing topic. But when you reveal its mask, you see that it is basically a lie, told to those who are vulnerable. Narcissistic abuse, by nature, is designed to keep you trapped in shame-based vertigo. It doesn't just go away because you know it exists. Narcissism creates a set of beliefs, behaviours and paradigms in its target which must be changed from the inside. 'How To Kill A Narcissist' is a book with two aims: 1. To reveal the rotten core of the narcissistic personality so you can see it clearly 2. To present you with an inside-out strategy for healing, recovery and freedom Whether you are dealing with narcissistic parents, husbands, wives, friends, bosses or colleagues, the same philosophy will apply. After reading 'How To Kill A Narcissist', you will: - Become aware of the damage narcissistic abuse has done to your psyche and how to heal it - See how the narcissist uses shame as a weapon to fool you into feeling inferior - Understand the playing field which narcissists thrive on and how to stop playing their game - Learn how the narcissist uses mind control to break down and rebuild your

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identity for the purpose of subjugation - Gain tools for disarming a narcissist i.e. starving them of their narcissistic supply - Have taken a closer look beyond the label of narcissistic personality disorder 'How To Kill A Narcissist' takes an enlightening look at the dynamic between a narcissist and their target. It takes you on a deep journey and describes: - How we unwittingly qualify as targets of narcissists - The shame/grandiosity continuum and how the narcissist uses it to crush your self-esteem - The law of grandiosity and how it influences our relationships with the self-absorbed - The effect that narcissism has on its target including: toxic shame, a dissociated mind and a weakened ego - The obstacles which keep you trapped in a cycle of narcissistic abuse: the psychological cage, love starvation, low shame tolerance, guilt and conditioning to shamelessness Using an inside-out approach, 'How To Kill A Narcissist' presents the seven practices for recovery and healing: 1. Get allies: Boost self-esteem through limbic resonance 2. Give shape to your true self: Uncover disowned parts of the self and restore wholeness 3. Skill up: Empower yourself 4. Flex your muscles: Challenge the psychological cage and come out of hiding 5. Even the scale: Restore balance to your relationships 6. Boundaries: Foster a strong sense of self and firmly protect it 7. Scorched earth: Disengage from those who wish to manipulate you Each practice is designed to instil you with independence, strength, emotional resilience and awareness while allowing you to cultivate balanced, loving relationships and pursue a life of passion. This is the art of killing a narcissist.

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Why Do They Kill?

One in four women will experience domestic violence; the incidence of violence on dates (not including rape) is increasing. Sandra Horley draws on over 20 years supporting abused women to provide an insight into the reality behind the mask of the charming man. The book's aim is to show women they are not alone and to help them walk away from the confusing, dangerous situation they find themselves in. 'This book was a true revelation. Not only did I realise I was not alone but it helped make sense of what I had been experiencing and why. There is no other way to describe this book other than it made me strong enough to change my life' Sheryl Gascoigne 'I have no doubt that Power and Control will show thousands of women that they are not alone and encourage them to take the first step' Cherie Booth, QC

Coercive Control

Based on a study of violence in lesbian relationships, this challenging book derives from a common theme expressed by the subjects - the sense of having been betrayed, first by their lovers, and subsequently by a lesbian community which tends to deny the problem when victims seek help. Renzetti skillfully addresses several central issues: consequences for victims, batterers and the community as a whole; and, what we can learn about domestic violence in general by studying violence in lesbian relationships. The research offers a fresh look at domestic violence by examining the phenomenon of women as

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perpetrators of intimate violence against women, at the same time making a clear distinction between battering and self defence.

Coercive Control: Breaking Free From Psychological Abuse

Based on research with frontline professionals and domestic abuse and homicide victims, this book argues for a re-conceptualisation of the female victim to enhance safety management and encourage a deeper understanding of the emotional dynamics and social structures which perpetuate violence.

Counselling Survivors of Domestic Abuse

Interpersonal violence has been the focus of research within the social sciences for some considerable time. Yet inquiries about the causes of interpersonal violence and the effects on the victims have dominated the field of research and clinical practice. Central to the contributions in this volume is the idea that interpersonal violence is a social action embedded in responses from various actors. These include actions, words and behaviour from friends and family, ordinary citizens, social workers and criminal justice professionals. These responses, as the contributors to this volume all show, make a difference in terms of how violence is understood, resisted and come to terms with in its immediate aftermath and over the longer term. Bringing together an international network of scholars and practitioners from a range of disciplines and fields of practice, this

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book maps and expands research on interpersonal violence. In doing so, it opens an important new terrain on which social responses to violence can be fully interrogated in terms of their intentions, meanings and outcomes.

Response Based Approaches to the Study of Interpersonal Violence

Counselling Survivors of Domestic Abuse explains how counsellors can facilitate recovery from domestic abuse within a secure, supportive therapeutic relationship. There has been growing awareness in recent years of the impact and consequences of domestic abuse, especially the relationship between domestic abuse and mental health. To appreciate the nature of trauma caused by domestic abuse, professionals need to understand its complex nature and the psychobiological impact of repeated exposure to control and terror. This book examines the therapeutic techniques and specific challenges, such as secondary traumatic stress, faced by professionals when working with survivors of domestic abuse. The author stresses the importance of identifying domestic abuse so that it can be addressed in the therapeutic process to aid recovery, and explores issues such as safety and protection, the long-term effects of abuse and the importance of grieving to the restoration of hope. This book is essential reading for counsellors, therapists, social workers, mental health professionals, health care professionals including GPs and midwives, managers of refuges, legal professionals and all those working with survivors of

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domestic abuse.

No Visible Bruises

One of the most important books ever written on domestic violence, *Coercive Control* breaks through entrenched views of physical abuse that have ultimately failed to protect women. Evan Stark, founder of one of America's first battered women's shelters, shows how "domestic violence" is neither primarily domestic nor necessarily violent, but a pattern of controlling behaviors more akin to terrorism and hostage-taking. Drawing on court records, interviews, and FBI statistics, Stark details coercive strategies that men use to deny women their very personhood, from "beeper games" to food logs to micromanaging dress, speech, sexual activity, and work. Stark urges us to move beyond the injury model and focus on the real victimization that allows men to violate women's human rights with impunity. Provocative and brilliantly argued, *Coercive Control* reframes abuse as a liberty crime rather than a crime of assault and points the way to bringing "real" equality for women in line with their formal rights to personhood and citizenship, freedom and safety.

Women at Risk

Reassesses thirty years of domestic violence research and demonstrates three forms of partner violence, distinctive in their origins, effects, and treatments

Domestic Abuse, Homicide and Gender

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Helen Walmsley-Johnson's first husband controlled her life, from the people she saw to what was in her bank account. He alienated her from friends and family and even their three daughters. Eventually he threw her out, and she painfully began to rebuild her life. Then, divorced and in her early forties, she met Franc. For ten years she would be in his thrall, even when he too was telling her what to wear, what to eat, even what to think. This is Helen's candid memoir of how she was trapped by a smiling abuser, not once but twice. It is a vital guide to recognizing, understanding and surviving this sinister form of abuse and its often terrible legacy - and an account of how one woman found the courage to walk away.

Partner Stalking

A NEW YORK TIMES TOP 10 BOOKS OF THE YEAR *
NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST *
LOS ANGELES TIMES BOOK PRIZE FINALIST * HELEN
BERNSTEIN BOOK AWARD FINALIST * KIRKUS PRIZE
FINALIST NAMED ONE OF THE BEST BOOKS OF 2019
BY: Esquire, Amazon, Kirkus, Library Journal,
Publishers Weekly, BookPage, BookRiot, Economist,
New York Times Staff Critics "A seminal and
breathtaking account of why home is the most
dangerous place to be a woman . . . A tour de force."
-Eve Ensler "Terrifying, courageous reportage from
our internal war zone." -Andrew Solomon
"Extraordinary." -New York Times , "Editors' Choice"
"Gut-wrenching, required reading." -Esquire
"Compulsively readable . . . It will save lives."
-Washington Post "Essential, devastating reading."

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-Cheryl Strayed, New York Times Book Review An award-winning journalist's intimate investigation of the true scope of domestic violence, revealing how the roots of America's most pressing social crises are buried in abuse that happens behind closed doors. We call it domestic violence. We call it private violence. Sometimes we call it intimate terrorism. But whatever we call it, we generally do not believe it has anything at all to do with us, despite the World Health Organization deeming it a "global epidemic." In America, domestic violence accounts for 15 percent of all violent crime, and yet it remains locked in silence, even as its tendrils reach unseen into so many of our most pressing national issues, from our economy to our education system, from mass shootings to mass incarceration to #MeToo. We still have not taken the true measure of this problem. In *No Visible Bruises*, journalist Rachel Louise Snyder gives context for what we don't know we're seeing. She frames this urgent and immersive account of the scale of domestic violence in our country around key stories that explode the common myths-that if things were bad enough, victims would just leave; that a violent person cannot become nonviolent; that shelter is an adequate response; and most insidiously that violence inside the home is a private matter, sealed from the public sphere and disconnected from other forms of violence. Through the stories of victims, perpetrators, law enforcement, and reform movements from across the country, Snyder explores the real roots of private violence, its far-reaching consequences for society, and what it will take to truly address it.

Women who Kill

The new buzzword in female sexuality is “sexual fluidity”—the idea that for many women, sexual identity can shift over time, often in the direction of same-sex relationships. Examples abound in popular culture, from actress Cynthia Nixon, who left her male partner of 15 years to be with a woman, to writer and comedienne Carol Leifer, who divorced her husband for the same reason. In a culture increasingly open to accepting this fluidity, *Dear John, I Love Jane* is a timely, fiercely candid exploration of female sexuality and personal choice. The book is comprised of essays written by a broad spectrum of women, including a number of well-known writers and personalities. Their stories are sometimes funny, sometimes painful—but always achingly honest—accounts of leaving a man for a woman, and the consequences of making such a choice. Arousing, inspiring, bawdy, bold, and heartfelt, *Dear John, I Love Jane* is an engrossing reflection of a new era of female sexuality.

Violent Betrayal

This study examines the broad political contexts in which violence, specifically domestic violence, occurs. The author argues that liberal and Enlightenment notions of the social contract, rationality, and egalitarianism--the ideas that constitute norms of good citizenship--are inextricably linked to violence. According to this dynamic, targets of abuse are viewed as being irrational, incapable of making good choices or negotiating with their abusers, or otherwise

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violating norms of the social contract; they are, in other words, second-class citizens. In fact, as the author shows, drawing from Nietzsche and Foucault's theories of power and arguing against much of the standard literature on domestic violence, the very mechanisms that purportedly help targets of domestic abuse actually work to compound the problem by exacerbating (or ignoring) the power differences between the abuser and the abused. The key to preventing domestic violence, the author contends, lies in seeing it as a political rather than a personal issue that has political consequences. Enlightenment ideas about intimacy that conceive of personal relationships as mutual, equal, and contractual must be challenged, as well as policy ideas that suggest targets of abuse can simply choose to leave abusive relationships without other personal or economic consequences.--From publisher description.

How To Kill A Narcissist

A funny, heart-warming story about the value of being quiet - and how to find your voice when it really matters. Quiet little Fox has a problem: her friends are so noisy, she can never make herself heard. What she really wants to do is tell them stories, if only they'd stop shouting and listen. But being quiet has its uses. Fox notices all the small things that her noisy friends miss: like the claw marks and paw marks of a great big scary bear! It takes courage for Fox to speak up and warn her friends - and even more courage to tell that scary bear a bedtime story!

Invisible Chains

Drawing on cases, Stark identifies the problems with our current approach to domestic violence, outlines the components of coercive control, and then uses this alternate framework to analyse the cases of battered women charged with criminal offenses directed at their abusers.

Leaving Dorian

This book addresses the issue of domestic violence against women, drawing on research findings, policy developments and current debates to contextualise its alarming prevalence and to propose informed ways of addressing, through training and practice, the needs of both victims and perpetrators in current social and related care provision.

Motherless America

This study of domestic homicide in America examines the lives and motivation of men who kill their intimate partners.

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