

Messy Spirituality

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You Don't Have to Be Perfect to Follow Jesus

"A pastor with an unforgettable inside story shows evangelicals how to nurture healthy, respectful, and biblically informed relationships with people in the LGBT community"--

A Simplified Life

Ever felt like you needed a refresher course on how to be happy in life? Happy Pretty Messy is a modern-day inspirational guidebook for women of all ages seeking to live with beauty and bravery. As a modern lifestyle philosopher, Natalie Wise brings her trademark poetic prose to finding and cultivating balance, joy, and depth of self in daily life. Filled with wit and fresh insights for the heart and home, you'll learn how to: Thrive through tragedy Turn off your inner monologue Get "back to brave" You'll also learn Wise's secrets to enjoying the "everyday arts"—such as keeping home, keeping in touch, and creating memories. Wise writes, "Sometimes we don't even realize our hearts are broken. We are fragile creatures, really. A heart has to search to set itself aright just about every moment. That is, unless there is an equilibrium we choose. A balancing point, a weight transfer where things even out and we decide to call life in all of its guts and glory: Enough. What I have is enough. Life is tenuous and precious. I say that with certainty. And I say with even more certainty: that is why I celebrate the every day." From cultivating your inner self to creating community and the perfect homemade latte, Happy Pretty Messy inspires a life that flourishes with charm, color, caffeine and, most importantly, courage. Finding value in these things might be the most important thing you do, so grab this book and dig in today.

The Messy Joys of Being Human

When children have a listening companion who hears, acknowledges, and encourages their early experiences with God, it creates a spiritual footprint that shapes their lives. Lacy Finn Borgo draws on her experience of practicing spiritual direction with children as she introduces key skills for engaging kids in spiritual conversations, offering sample dialogues, prayers to use together, and ideas for play, art, and movement.

Beyond the Messy Truth

Jesus did everything wrong: Poor judgment picking a team of disciples. Ministering to the wrong people. Angering the wrong people. Having outrageous expectations of his followers. Questionable teaching methods. Allowing others to have unrealistic opinions about his mission. A humiliating end followed by an improbable surprise ending. And then, somehow, inspiring millions to attempt to change the world in his name. Outlandish: An Unlikely Messiah, a Messy Ministry, and the Call to Mobilize shows how Jesus's ministry flew in the face of conventional wisdom, a ministry that would be described as misguided, mistaken, and miserable - and succeeded beyond his wildest dreams. Then, fast-forwarding two thousand years, learn how that kind of ministry is sorely needed today and the political, social, and organizational lessons to be learned from Jesus's radically different ministry.

A Bigger Table, Expanded Edition with Study Guide

This is the ultimate bible to Paris unknown It's the Paris guide even Parisians are buying - full of finds surprising even to the locals Think of this book as your new travel companion, your closest Parisian confidante, your endless bottle of wine while in Paris A new and updated second edition (to also change on the information sheet)What's New? - New off-beat investigative walks, collector's addresses, location scouting and people-watching spots, new dining discoveries, in-depth flea market advice, clues for architectural hunting, creative new ways to escape city life without really trying & much more! If you want to see Paris like it is in the movies, Nessy will show you the director's cut. If you seek the unusual and the underground, she'll take you down the rabbit hole and park you at the mad hatter's doorstep. If you think you know Paris, let Nessy challenge you. This book will encourage the wanderer within. It is a true traveller's companion as much as a beautifully designed collectable for your bookshelf. You are about to acquire this curious local's key to the city that will unlock a precious vault of addresses. Within the pages of this beautifully bound hardback, you will find 20 Secret Restaurants; 70 Time Traveller's Bars and Cafés; 50 Romantic Hideaways and Unique Date Ideas; 60 Unexpected Cultural Alternatives to major museums; 50 Movie-worthy Walks & Eye-opening Neighbourhood Discoveries; 35 Cabinets of Curiosity and Aladdin's Caves; 50 Hip Parisian Hangouts; 50 Places to Inspire & Use Your Creativity; 35 Booklover Havens; 60 Local Food Gems; 40 Places Parisian Families Actually Take Their Kids; 65 Urban Retreats; 30 Obscure/Underground Adventures; 50 Budget-friendly life-savers; Endless good-to-know Paris tips.

Sermon on the Mount of Messy

Discovering The Power of Ugly will cost you your pride. You will learn to take off your religious masks and stand naked before God. Ugly will liberate you from a false spirituality which pretends that being spiritual means that you stop being a real, flawed human being. Ugly is a celebration of the beauty of God's grace reflected through our weaknesses, not our strengths.

Things Hidden

Millions of us are locked into an unwinnable weight game, as our self-worth is shredded with every diet failure. Combine the utter inefficacy of dieting with the lack of spiritual nourishment and we have generations of mad, ravenous self-loathing women. So says Geneen Roth, in her life-changing new book, *Women, Food and God*. Since her 1991 bestseller, *When Food Is Love*, was published, Roth has taken the sum total of her experience and combined it with spirituality and psychology to explain women's true hunger. Roth's approach to eating is that it is the same as any addiction - an activity to avoid feeling emotions. From the first page, readers will be struck by the author's intelligence, humour and sensitivity, as she traces the path of overeating from its subtle beginnings through to its logical end. Whether the drug is booze or brownies, the problem is the same: opting out of life. She powerfully urges readers to pay attention to what they truly need - which cannot be found in a supermarket. She provides seven basic guidelines for eating (the most important is to never diet) and shares reassuring, practical advice that has helped thousands of women who have attended her highly successful seminars. Truly a thinking woman's guide to eating - and an anti-diet book - women everywhere will find insights and revelations on every page.

The Moon Book

A Bigger Table invites readers to envision a church that is big enough for everyone, by holding up a mirror to the modern church and speaking clearly on issues at the heart of the Christian community: LGBT inclusion, gender equality, racial tensions, global concerns, and theological shifts. John Pavlovitz shares moving personal stories, his careful observations as a pastor, and his understanding of the ancient stories of Jesus to set the table for a new, positive, more loving conversation on these and other important matters of faith. Though there are many who would remove chairs and whittle down the guest list, we can build the bigger table Jesus imagined, practicing radical hospitality, total authenticity, messy diversity, and agenda-free community. This new edition includes a small-group study guide complete with ideas for exploring *A Bigger Table* in a congregation-wide sermon series and program along with a new foreword by Jacqui Lewis and new afterword by the author to explore the challenges of living out the bigger table when voices of hate and exclusion seem stronger and

louder than ever.

God at the Edge

Come for a visit in Bear Country with this classic First Time Book® from Stan and Jan Berenstain. Mama and Papa are frustrated that Brother and Sister can't seem to pick up after themselves. Will the cubs ever learn to clean up their messes? This beloved story is a perfect way to teach children about tidying up, organization, and taking good care of their belongings.

The Book of Soul

A treasury of inspirational readings, accompanied by personal reflections and meditations, features works by Helen Keller, Barbara Kingsolver, Thomas Aquinas, and others on such themes as nature, relationships, creativity, and work

Spiritual Literacy

Find peace amid chaos, tragedy, and pain with tools presented in this unique approach to manifestation. Messy Miracles will help readers overcome depression, heal from divorce, and conquer their addictions. Kristy's honesty is endearing and sometimes humorous as she shares a realistic view of how to manifest through the hardships of life.

Don't Be a Tourist in Paris

The hallmarks of contemplative spirituality—solitude, silence, and stillness—have never been more important for our fast-paced society. Filled with insights and wisdom from personal experiences, Phileena Heuertz introduces us to themes and teachers of contemplative spirituality, as well as several prayer practices, and invites us to greater healing and wholeness by learning to practice faith through prayer.

Messy Spirituality

Messy Spirituality

Every life gets messy at times. Sometimes these messes are literal, like a house that would be easier to condemn than to

clean. But sometimes they are intangible messes such as illness, conflict, depression, abuse, bankruptcy, divorce, and job loss. And these messes can be painful, hurting our hearts and our homes. But as we see in the Bible, God loves to use messy people! In this six-week study, we will dig into the lives of biblical heroes who were messy people just like us but who were used by God in powerful ways. Together we will examine the stories of five wonderful but messy people and one messy parable character: Rahab, the Prodigal Son, Josiah, Mary, David, and Daniel. From their stories, we will learn how God can use broken people, restore damaged hearts and relationships, give us power to handle our critics, and help us deal with the hard moments of life. Along the way we'll discover that we don't have to just endure messy lives but can actually learn to thrive with God's guidance and help. In the hands of God, our messes can become His masterpieces! The participant workbook, to be used along with the study's DVD, includes five days of lessons for each week, combining study of Scripture with personal reflection, application, and prayer. Other components for the Bible study, available separately, include a Leader Guide, and DVD with six 10-15 minute sessions.

Outlandish

What makes a young, Cambridge educated woman first join a religious order and then, if that were not demanding enough, seek a hermit vocation, literally on the edge of the world with only a simple hut as protection against Atlantic winds and storms? This title tells the author's story.

Beloved Mess

In *Dangerous Wonder*, Michael Yaconelli invites you to recapture the joy of being a child and apply it to your relationship with God. He encourages you to take Jesus at his word when told his hearers they must become as little children to enter his kingdom.

God Moments

God's Empowering Love for Us in the Midst of Our Mess Life is messy. And Christians are not exempt. Unfortunately, this is not the message we tend to hear. We're told to be moral, look good, and set a positive example. After all, as some people may tell us, we're the only Jesus some people see--so we better make him look good. That's a heavy burden. And so we work feverishly to hide our messes from each other and from God for fear of judgment . . . all the while wondering how we can ever be loved. But Christianity is not about being less of a mess. It's about admitting that we need to be saved from trying to clean ourselves up. In *Beloved Mess*, author and blogger Kimm Crandall frees Christians to live with the assurance that God loves us right here, right now. He's not waiting for us to clean up our act before we're worthy to come to him. He

wants us to stop trying to fix the mess so that we can allow him to wash it away for us. Endorsements "Kimm unpacks the wonder of God's mercy with honesty and courage and shows how it reaches all the way down to every dimension of our hearts and lives."--Justin S. Holcomb, author, *On the Grace of God* "Read this short but life-changing book, go back to it again and again, and see yourself falling more in love with the One who loved us and gave himself for us."--Jessica Thompson, author of *Everyday Grace*

All Shall Be Well

"It's easy in these times to allow ourselves to slip into resignation, isolation, or despair. The Book of Soul is an antidote." ?Arianna Huffington, Founder & CEO, Thrive Global and Founder, Huffington Post "I recommend The Book of Soul for all of us wanting to stay connected to a deeper purpose." ?Melinda Gates, New York Times Bestselling Author of *The Moment of Lift* A powerful new book of spiritual awakening from #1 New York Times bestselling author Mark Nepo In *The Book of Soul*, Mark Nepo, the bestselling author of *The Book of Awakening*, offers a powerful guide to inhabiting an authentic and wholehearted life. After we are physically born, we must be spiritually born a second time, a process that takes place through the labor of a lifetime as we develop into more fully realized beings. *The Book of Soul* delves into the spiritual alchemy of that transformation in all its mystery, difficulty, and inevitability. The book is divided into four sections that mark the passages we all face: enduring our Walk in the World, until we discover Our True Inheritance, which allows us to live in the open by Widening Our Circle, as we Help Each Other Stay Awake. *The Book of Soul* is a piercing guide, replete with beautiful truths and startling insight, that leads us deeply into the process of transformation.

Dangerous Wonder

A devotional for teens presents a New Testament story, a description of the discipleship trait it presents, a modern-day application, brief analysis, scriptural references for further reading, and questions to consider, for each of thirty days. Original.

Messy People - Women's Bible Study Participant Workbook

The official book tie-in to the acclaimed romantic comedy from Fox Searchlight Pictures, an audience hit at the 2009 Sundance Film Festival, starring Joseph Gordon-Levitt (3rd Rock from the Sun, 10 Things I Hate About You) and Zooey Deschanel (Yes Man, The Happening, The Hitchhiker's Guide to the Galaxy). "This is a story of boy meets girl," begins the wry, probing narrator of (500) Days of Summer, and with that the film takes off at breakneck speed into a funny, true-to-life, and unique dissection of the unruly and unpredictable year and a half of one young man's no-holds-barred love affair. In

addition to the complete screenplay, the Newmarket Shooting Script® book includes an exclusive introduction by Director Marc Webb, exclusive forewords by Screenwriters Scott Neustadter & Michael H. Weber, an 8-page color section, production notes, and the complete cast and crew credits.

Messy

While most of us trudge toward the cross with the best intentions, at times our lives just don't pan out the way we've planned. Messy Faith addresses the muddled adventure that we call "working out our salvation." It is being sure and unsure, whole and broken, warring, losing, and winning. It is being right and being wrong and having no clue, but believing anyway. And it is trusting in God to perfect the final product of our flawed, human lives. Author A. J. Gregory explores her own personal experiences, and those of a handful of flawed biblical heroes and others who have endured painful or simply ordinary realities in the journey to belief. This honest book will comfort anyone who has had a less-than-straight path to belief and those who continue to struggle.

Messy Faith

Here is a book about adventure, raw experience, and facing inner demons. Niles Elliot Goldstein is a young rabbi who sets out to find God in tough and often scary situations: dogsledding above the Arctic Circle, taking the Silk Road into Central Asia without a visa, being chased by a grizzly bear, cruising with DEA agents through the South Bronx, and spending a night in jail in New York City's Tombs. He explores the connections between struggle and growth, fear and transcendence, and uncertainty and faith, seeking the boundary where the finite meets the Infinite. Goldstein is not alone in making this kind of pilgrimage. There has always been a strong tradition of seekers who looked for revelation outside conventional religious settings and encountered God in moments of anguish, terror, and pain. Goldstein juxtaposes his own experiences with those of some of the great historical figures of Judaism and Christianity -- Jonah and St. John of the Cross, Moses Maimonides and Julian of Norwich, Nachman of Bratslav and Martin Luther -- as well as lesser known mystics and preachers, and he discovers, as they did, that it can sometimes take a journey to the edge to recognize God's presence in our lives.

(500) Days of Summer

A guide to conscious living through the moon and her phases, incorporating wellness rituals, spellwork, and witchcraft for the modern seeker. We all know the moon. We all have a relationship with it. The earliest people obeyed her orbit, timed their months and holidays and celebrations and agriculture to the moon; the echoes of that system are still visible today, though the connection to the moon is often forgotten. Sarah Faith Gottesdiener is the leader of a movement to remind us of

that lineage, guiding our rhythms and our sleep, our energy and our emotions, reminding us of our humanity and our magic. In her self-published Many Moons Workbooks and Lunar Journals, as well as her sold-out classes, she has guided over 50,000 readers to a deeper relationship with the moon, and through it, with themselves. This evergreen book will be an informative and comprehensive guide to lunar living, incorporating radical, self-empowering, and magical tools and resources for the beginner and experienced lunar-follower alike. Depending on where we are in our lives, depending on what we are feeling or what is happening around us, the moon allows us a space to invite ritual into our daily lives. The Moon Book will provide a framework on how to utilize the entire lunar cycle holistically, while offering ways for the reader to develop a personal relationship with their own cycles—energetic, personal, and emotional—through the lens of the moon's phases.

The Berenstain Bears and the Messy Room

'Only when the two come together, inner and outer authority, do we have true spiritual wisdom. We have for too long insisted on outer authority alone, without any teaching of prayer, inner journey and maturing consciousness. The results for the world and for religion have been disastrous . . . I offer these reflections to again unite what should never have been separated: sacred Scripture and Christian spirituality.' From The Introduction In this exploration of central themes of Scripture, Richard Rohr transforms the written word, discovering in these ancient texts a new and vital meaning, relevant and essential for modern Christians. He uncovers what the Bible says about morality, power, wisdom and the generosity of God in a manner that demands a life-changing response from believers. Rohr offers his readers a Christian vision of abundance, grace and joy to counteract a world filled with scarcity, judgement and fear—a vision that can revolutionize how we relate to ourselves, others and the world.

Power Surge

A powerful plan to transform church members into impassioned disciples. Drawing on his experience at Prince of Peace, Foss makes the case for transforming congregations from a membership model to a discipleship model of church affiliation. The book begins with a careful analysis of recent patterns in church membership/demographics which argue for this paradigm shift. Subsequent chapters detail the unique leadership and organizational needs of a discipleship model; explore the building and maintaining of fundamental trust-in God and in His people-as the cornerstone of the model; and provide practical helps for assessing the present and strategies for moving into the future. Addressed to rostered and non-rostered professional and non-professional church leaders interested in transforming their churches into centers for discipleship and mission, Power Surge makes the case for a dynamic, functional model of church affiliation that moves away from a membership model centered on prerogatives of membership to a discipleship model centered on the notion of Christian

vocation/calling. It proposes a grace-centered, rather than legalistic, model of discipleship and builds a bridge through transferable principles between congregational mission mindedness and the individual Christian's life of faith. This book utilizes assessment tools and practical helps so that congregations can make the transition between membership and discipleship paradigms, as it draws on the experience of Prince of Peace Lutheran Church as a case study illustrating the principles of a discipleship model of church affiliation.

God's Messy Family

Discipleship means being like the Big Twelve disciples, right? But when you read the Gospels and Acts, it's clear the disciples weren't always on top of things. In fact, the disciples were clueless, selfish, erratic, inconsistent, and faithless at least half the time. But Jesus loved them and used them all the more for it. Author Mike Yaconelli scrubs away centuries of sentimental buildup and shows there's hope for us too. In this updated thirty-day devotional, you'll experience thirty character traits that are marks of a disciple, from boldness to weakness to preparedness. Each reading includes an event from Scripture, a description of that day's trait, first-person commentary, the obvious and not-so-obvious truth lesson, and questions and journaling space that invite you to ponder and write about your experience. Common Core Standards: CCSS.ELA-Literacy.RL.9-10.1 and 11-12.1 CCSS.ELA-Literacy.RL.9-10.2 and 11-12.2

Mindful Silence

Where do you seek God? Are you waiting for him to appear in a monumental, life-altering event? In *God Moments*, Catholic blogger Andy Otto shows you how to discover the unexpected beauty of God's presence in the story of ordinary things and in everyday routines like preparing breakfast or walking in the woods. Drawing on the Ignatian principles of awareness, prayer, and discernment, Otto will help you discover the transforming power of God's presence in your life and better understand your place in the world. Andy Otto found God's presence in surprising moments during his life—when, as a Jesuit scholastic, he taught children in Jamaica and also as he discerned the call to marriage with his wife. By combining elements of Ignatian spirituality with the lessons that came from his experiences, Otto identified three practices that helped him find God in all things: Awareness—Gain an understanding that God is present in the ordinary messiness of our lives such as battle with depression or sharing in the struggle of a friend. Prayer—Develop a prayer life using Ignatian practices such as asking for a morning grace and examining how your prayer was answered at the end of the day. That way you can focus on a personal relationship with God that finds everyday physical activities such as making a meal as an opportunity to talk to him. Discernment—The more you are aware of God's presence and draw closer to him in prayer, the better you can learn how to plug into God's narrative of the world in a way that enables you to participate in the divine story through the use of your gifts and talents. With *God Moments* as a guide, you'll have a better understanding of how to seek personal

wholeness in the reality of God's presence in the ordinary and learn to accept his invitation to participate in his transformation of the world.

This Messy Magnificent Life

NEW YORK TIMES BESTSELLER * A passionate manifesto that exposes hypocrisy on both sides of the political divide and points a way out of the tribalism that is tearing America apart--from the CNN host hailed as "a star of the 2016 campaign" (The New York Times), now seen on The Van Jones Show Van Jones burst into the American consciousness during the 2016 presidential campaign with an unscripted, truth-telling style and an already established history of bridge-building across party lines. His election night commentary, during which he coined the term "whitelash," became a viral sensation. A longtime progressive activist with deep roots in the conservative South, Jones has made it his mission to challenge voters and viewers to stand in one another's shoes and disagree constructively. In *Beyond the Messy Truth*, he offers a blueprint for transforming our collective anxiety into meaningful change. Jones urges both parties to abandon the politics of accusation. He issues a stirring call for a new "bipartisanship from below," pointing us toward practical answers to problems that affect us all regardless of region or ideology. He wants to tackle rural and inner-city poverty, unemployment, addiction, unfair incarceration, and the devastating effects of the pollution-based economy on both coal country and our urban centers. Along the way, Jones shares memories from his decades of activism on behalf of working people, inspiring stories of ordinary citizens who became champions of their communities, and little-known examples of cooperation in the midst of partisan conflict. In his quest for positive solutions, Van Jones encourages us to set fire to our old ways of thinking about politics and come together to help those most in need. Includes an invaluable resource of contacts, books, media, and organizations for bipartisan bridge-building and problem solving. "Van Jones is a light in the darkness when we need it most. In the tradition of the great bridge builders of our past, Van's love for this country and all its people shines through."--Cory Booker, U.S. senator, New Jersey "Van Jones's voice has become an integral part of our national political debate. He is one of the most provocative and interesting political figures in the country."--Bernie Sanders, U.S. senator, Vermont

Spiritual Conversations with Children

What does it take to have a spiritually vibrant household? Looking at everyday households of faith, original research from the Barna Group and Lutheran Hour Ministries shows that some of the healthiest, most vibrant homes extend beyond the nuclear family. Don Everts shows how these households practice spirituality, hospitality, and community that make them delightful places for living and thriving.

House that God Built Study Guide

This study guide--appropriate for both individual growth and group study--is designed to help readers explore the solemn calling of God to enter the gates of his true house. (Christian)

Stories of Emergence

Feeling stuck? You're not alone. In or out of a relationship, job hunting or retiring, in a life transition or wrestling with Big Questions, a joyful life can feel elusive. After decades sharing motivation, inspiration, support, and problemsolving as Your Jewish Fairy Godmother, Helen Rosenau embraces the complex struggles of fellow messy humans.

The Gift of Hard Things

Society teaches us to have everything under control, and we tend to think that this can be true even of our spiritual lives. Master storyteller and spiritual director Mark Yaconelli offers a narrative journey through ways in which disappointments have turned into gifts. In these pages are a wealth of spiritual practices that will help us find grace in unexpected places.

The Purpose of Christmas

Christianity is messy. Unanswered prayers. Painful choices. Unresolved regrets. We're called to have faith, and yet we doubt. We try to be perfect, but we fall short. This is the chaos. It's all around us. There's no limit to it. And there's no quick fix for it. Both annoyingly honest and refreshingly humorous, Messy reassures Christians that God can reveal Himself in their clutter. Author and pastor A.J. Swoboda offers biblical insight and vivid, personal stories to redefine faith from something that must be perfect to something that is imperfect, but can still give beauty, meaning, and purpose to a messy life. As entertaining as it is challenging, this book teaches Christians what it means to trust in each other, in grace, in hope, and in a Savior who defied the rules of death. Here's to finding joy in your chaos!

Happy Pretty Messy

Genealogy is, widely considered to be, one of the fastest growing hobbies in the U.S. We have become consumed with constructing our family tree in an attempt to trace our lineage. Fortunately, the Bible does an excellent job helping us trace the ancestry of our faith family. Pastor and author Jacob Armstrong takes an in-depth look at our faith lineage focusing specifically on the messy family dynamics found in the book of Genesis. As we begin to understand the life stories of Abraham, Sarah, Isaac, Rebekah, Jacob and Esau we find that their pattern looks a lot like ours—we are called, we mess up, and God continues to redeem us. Find out how your “messy family” fits into God's family and how you are a part of God's

plan for the world. Additional components for a six-week study include a DVD featuring pastor and author Jacob Armstrong and a comprehensive Leader Guide. Also available for your church is a helpful guide to small groups titled *The Connected Life: Small Groups that Create Community*. Chapters include: *The Myth of the Perfect Family* *The Gap Between What God Says and What You See* *No, Nothing Is Too Hard for the Lord* *Loss and Promise in the Family of God* *Promise Maker and Promise Keeper* *The Beauty of Imperfection*

Messy Grace

I Guess I'm Not a Very Good Christian . . . Do you feel like: I don't pray enough I don't read my Bible enough I don't share my faith enough I don't love God enough I'm not committed enough I'm not spiritual enough Then this book is for you. *Messy Spirituality* was written for the silent majority of us who have been convinced that we just don't do Christianity right. We spend most of our lives worried about what we don't do instead of what we have done, focused on our imperfections instead of God's fondness for the imperfect. Why? Because we've been bombarded with books, tapes, talks, seminars, and movies convincing us that real Christianity is all about perfection. Michael Yaconelli dares to suggest that imperfection, infiniteness, and messiness are, in fact, the earmarks of true Christianity; that real Christianity is messy, erratic, lopsided . . . and gloriously liberating. What if genuine faith begins with admitting we will never have our act completely together? Maybe messy disciples are exactly the kind of imperfect people Jesus came to earth for and whose company he actually enjoyed--and still enjoys. If you want to find Jesus today, look for him in the midst of burned-out believers, moral misfits, religious incompetents . . . men and women whose lives are, well, messy. *Messy Spirituality* is a strong antidote for the spiritual perfectionism in us all. Here are truths that can cut you loose from the tyranny of ought-to's and open your eyes to the deep spirituality of being loved, shortcomings and all, by the God who meets you and transforms you in the midst of a messy and unpredictable life.

Women Food and God

Follow the stories of these "formers" who were steeped in their beliefs--a former fundamentalist, Pentecostal, liberal, feminist, communist, and several others--and walk with them on their journeys.

The Spiritually Vibrant Home

Geneen Roth, author of the #1 New York Times bestseller *Women Food and God*, explains how to take the journey to find one's own best self in this "beautiful, funny, deeply relevant" (Glennon Doyle) collection of personal reflections. With an introduction by Anne Lamott, *This Messy Magnificent Life* is a personal and exhilarating read on freeing ourselves from daily

anxiety, lack, and discontent. It's a deep dive into what lies behind our self-criticism, whether it is about the size of our thighs, the expression of our thoughts, or the shape of our ambitions. And it's about stopping the search to fix ourselves by realizing that on the other side of the "Me Project" is spaciousness, peace, and the capacity to reclaim one's power and joy. This Messy Magnificent Life explores the personal beliefs, hidden traumas, and social pressures that shape not just women's feelings about their bodies but also their confidence, choices, and relationships. After years of teaching retreats and workshops on weight, money, and other obsessions, Roth realized that there was a connection that held her students captive in their unhappiness. With laugh-out-loud humor, compassion, and dead-on insight she reveals the paradoxes in our beliefs and shows how to move beyond our past to build lives that reflect our singularity and inherent power. This Messy Magnificent Life is a brilliant, bravura meditation on who we take ourselves to be, what enough means in our gotta-get-more culture, and being at home in our minds and bodies.

Devotion

In his powerful yet compassionate voice, Pastor Rick Warren tells the most wonderful story of all - the story of God come to earth in the form of a human infant. Warren goes back to that day long ago when the baby Jesus was born in the manger. In this clarion call to 'remember the reason for the season', readers are taken back in time to the simple origins of a baby who changed history forever. Warren gives readers an intimate look into his family heritage as he shares the fifty-year-old Warren Christmas tradition of having a birthday party for Jesus. Through stirring imagery and compelling insights, this book celebrates the significance and promise of this cherished holiday.

The Power of Ugly

' "Spirituality" may be possible for a single, old, financially stable contemplative who has nothing to do but pray,' says Mike Yaconelli, 'But for people like you and me, with kids and mortgages and jobs and car payments, probably not.' There are many obstacles to the kind of spirituality we feel we ought to have: not enough time, feelings of inadequacy, lethargy, over-expectation, fear But we will be surprised to discover that true, Godly spirituality is not quite as inaccessible as we once thought. Mike Yaconelli writes from the heart, with humour and humanity, and bears favourable comparison with Philip Yancey and Richard Foster. Messy Spirituality is his first major book to be actively marketed in the UK.

Messy Miracles

In this beautiful and broken world, God is here. The heavens declare the glory of God . . . but are we listening? Yes, God created this world, but sometimes we forget that he hasn't left—that his redemptive, creative work happens still today,

right here under our feet. So when we seek for God and study his truth, how much are we missing if we don't awaken to all he has placed in the soil and sky? God made this world of light and darkness, summer and winter, life and death. What does he intend to teach us in these ever-repeating cycles and seasons? Seamlessly weaving biblical truths into everyday life, Catherine McNiel will help you discover an unbelievable reality: God meets and transforms you in the mess and abundance of every mundane moment.

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