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# **Mom To Be Journal Pregnancy Journal Record Book For Mums Moms Diary Keepsake And Memories Scrapbook Childbirth Checklists Weekly Logs More Portable Size Volume 7 Parenthood**

Pregnancy Journal, 3rd Edition (ebook) \*OP\*42 Weeks Pregnancy Planner Journal  
Book For Expecting Moms - Best Pregnancy Journal - All About a Healthy Baby and  
Its MomMy Pregnancy JournalBump to Birthday, Pregnancy & First Year  
JournalPraying Through Your PregnancyFirst Time Moms JournalPregnancy  
Notebook JournalGuided Journals for Mom Gift SetThe Second Child Pregnancy  
Journal and Memory BookLove Letters to My BabyPregnancy Journal: First Time  
New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift,  
Bump Thoughts & Memories NoteboThe Belly BookGrowing YouWhat to Expect  
When You're ExpectingUnexpected Moments for Expecting Parents! Mom and  
Dad's Edition Pregnancy JournalPregnancy Journal BabyPregnancy To-  
Do'sPregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record  
Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories PlanneMy Rainbow  
BabyPregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record  
Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories JourneThe First

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Mom's Pregnancy Journal  
The Bump Pregnancy Planner and Journal  
Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories, 40 WeSacred Pregnancy  
The Expectant Father  
Pregnancy Journal  
The What to Expect When You're Expecting  
Pregnancy Organizer  
First-Time Mom's Pregnancy Activity Book  
I'm Waiting for You  
Pregnancy Notebook  
Giggle Wiggle Pregnancy Journal  
Coming Soon . . .  
Pregnancy Journal  
The First-Time Mom's Pregnancy Journal  
Mommy and Baby - Special Diaries  
Blessed Mama Pregnancy Journal  
50 Things to Do Before You Deliver  
The Pregnancy Journal, 4th Edition  
Bump to Baby Journal  
Expecting You: a Mom and Baby Memory Book  
As You Grow  
First-Time Mom's Baby Journal

## **Pregnancy Journal, 3rd Edition (ebook) \*OP\***

Mom's Pregnancy journal 6 x 9" with 120 pages. This journal allows you to make monthly plans, to-do lists or goals, taking notes, journaling.. being a mom is the greatest gift and blessing in life, you can make special memories with your baby, making notes, writing diary for your baby. Details: Cover: Matte finish Paper: white Pages: 100 pages Size: 6x9 inches

**42 Weeks Pregnancy Planner Journal Book For Expecting Moms - Best Pregnancy Journal - All About a Healthy Baby and Its**

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## **Mom**

From stocking the nursery to tracking doctor appointments, expectant mothers have plenty to do before their little one arrives. This tote-able and thoroughly practical planner features a series of guided lists organized by trimester to ensure thatmommy makes the most of her nine special months. Includes: - A fold-out masterlist - Guided packing & to-do lists - Appointment trackers - Helpful sidebars - Sticky tags for earmarking lists-in-progress - Handy storage pocket

## **My Pregnancy Journal**

While your body is doing the important work of growing your baby, 50 Things to Do Before You Deliver nails down exactly what to do to prepare for your little one's big debut. First-time moms have plenty to be grateful for --and plenty to worry about. Centered on what's most important to expecting moms, 50 Things to Do Before You Deliver narrows the vast field of pregnancy advice to 50 specific, proactive steps for confidence and peace of mind before baby arrives. Unlike other pregnancy books for first time moms, this book includes only what is necessary and helpful, and leaves out the rest. Written by Jill Krause--creator of the award-winning pregnancy blog, Baby Rabies, and mom of four--50 Things to Do Before You Deliver arms moms-to-be with actionable advice and tools that are actually

useful. Voiced with honesty, humor, and encouragement from a mom who's been there, *50 Things to Do Before You Deliver* offers: 50 trimester-by-trimester tasks covering only the most important things expectant moms need to focus on Relevant, creative tips for using tech to track, document, and learn about pregnancy Judgment-free advice from other moms, OB-GYNs, and midwives--including guest contributions from Amy Morrison of the blog *Pregnant Chicken*, and Bryn Huntpalmer of *The Birth Hour* podcast There are countless pregnancy books for first time moms out there--but *50 Things to Do Before You Deliver* is a practical guide that will empower and prepare you during pregnancy and beyond.

## **Bump to Birthday, Pregnancy & First Year Journal**

Hooray for another bundle of joy coming your way! Even though this is your second pregnancy, there are experiences that will prove to be unique. Keeping a journal will help you determine the similarities and differences of this journey to the delivery of another child. Writing will also help you become mentally and emotionally prepared for the coming of your second baby. Write today!

## **Praying Through Your Pregnancy**

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This stylish notebook is perfect for moms-to-be as a memory book, diary or for daily note-taking. Journal (planner) to help you organize everything for your new baby on the way! Specifications: Cover Finish: Glossy Dimensions: 8.5" x 11" Interior: 110 pages

### **First Time Moms Journal**

Each Woman's pregnancy is as unique and wonderful as the baby growing inside her. Record your experiences, appointments, medical information, emergency contacts and the growth of your bump in this lovely book. Includes journal pages with prompts to aid in telling the story of you journey to motherhood. Buy yours today and start recording the memories. FEATURES: Due date Emergency contacts Potential baby names Pages for sonogram and weekly bump photos Birthing plan Nursery preparation Baby growth Prenatal appointments and results Baby shower plans Shopping lists Weekly thoughts, meal plan, prompted journaling and bump photo Baby's first phot

### **Pregnancy Notebook Journal**

A 9-month journal by Amy K. 96 two-color pages w/concealed wire-o binding.

## **Guided Journals for Mom Gift Set**

96-page spiral journal by Carley Roney

## **The Second Child Pregnancy Journal and Memory Book**

Pregnancy Journal This is the perfect planner for recording your pregnancy journey, and will become a cherished keepsake for your precious bundle of joy! Pages included in this book: Birth Plan 40-Week Pregnancy Journey Doctor & Prenatal Appointment Tracker Baby Shower Memories Fetal Movement Tracker Baby Shopping List Weight Tracker First, Second & Third Trimester Highlights Baby Bump Photo Layouts Book Details: 8.5 x 11 Inches Soft Matte Paperback Cover 86 Pages Makes a great gift for first-time mothers and moms adding to their family!

## **Love Letters to My Baby**

A new and updated edition of the bestselling pregnancy guide of all time—and #1 girlfriend recommendation—is packed with daily entries on baby's development and the most up-to-date health and nutrition advice for both mom and baby. With a slightly refreshed cover, this one-of-a-kind guide is the ultimate resource for today's expecting mother.

## **Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories Notebo**

Mommy and baby is Special diaries for Pregnancy & Baby where you can make the first relation and contact to you baby, in the first pages we make space when you can add some information about parents and also some special pictures and after it we have dates that we want to remember and action we want to speak about, in the end of the journal we have pages about things I want tell my baby and as a last page the pregnancy records.

### **The Belly Book**

Praying Through Your Pregnancy shows a mother how to provide an early head start for her child through the power of prayer. With fresh spiritual insight, each chapter reveals what is happening with the baby's development that week, starting with the very first moment of conception, when God begins the creation of either a boy or a girl. Readers will learn how the confidence they place in God affects the healthy development of their precious growing baby, and how to reduce their own stress and anxiety by looking to the Creator. In this interactive guidebook, the author shares excerpts from her pregnancy journal as an encouragement for

women to write their own thoughts and feelings, and each chapter ends with a Mother's Prayer and Scriptures for Meditation. Praying Through Your Pregnancy was a 2011 Christian Book Award Finalist.

## **Growing You**

This indispensable book explores the emotional, financial, and even physical changes the father-to-be may experience during his partners pregnancy. Written in an easy-to-absorb format and filled with sound advice and practical tips for men on such topics as how to make sense of your conflicting emotions, how pregnancy affects your sex life, and how to start a college fund, this volume reassures, commiserates, and informs. It also incorporates the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists. This new edition features the latest research on many topics, from the reasons for premature birth to nutritional supplements. The finances section has been updated; advice for expectant adoptive fathers has been added throughout; information for fathers expecting twins and other multiples is included; and the resources section and bibliography have been considerably expanded. Illustrated throughout with New Yorker-style cartoons that will make even the most anxious father chuckle, this book is the essential reference for all expectant couples.

## **What to Expect When You're Expecting**

The perfect gift set for new and expecting moms! In *Awaiting You: A Pregnancy Journal* lower the volume of your busy life and savor the heartbeats thumping inside of you with this lovely pregnancy journal. And in *Take Time: A Mother's Journal* slow down and reflect on your beautifully unique experience of motherhood as you craft a special keepsake full of memories you'll cherish forever. Paired together, these interactive mom journals make for the perfect self care gift for mom! With *Awaiting You*, you'll respond to sweet heartfelt prompts such as: Today I feel thankful for Here are some notes from a recent prenatal checkup along with my thoughts On a scale of 1-5, I'm feeling Sweet baby, I got to hear your heartbeat. With *Take Time*, you'll respond to engaging, refreshing prompts like: Here's what I always tell my kids What's currently on my To-do list? Playlist? Kitchen counter? People might guess I'm a mom because Lessons my kids have taught me about life I know I'm loved because About *Awaiting You*: This one-of-a-kind journal from master storyteller Katie Clemons will help expecting mothers record the precious experience of their pregnancies? a love story that encapsulates the brief, special time of awaiting the arrival of their baby. Perfect as a shower gift for expecting mothers! About *Take Time*: *Take Time* is a perfect birthday gift for Mom, Mother's Day gift, baby shower gift, or a just-because gift! Mom life can be busy, sometimes chaotic, but certainly filled with fun and laughter, too! This gorgeous guided journal from master storyteller Katie Clemons, *Take Time*, will give you the nudge you

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need amid the chaos to appreciate every moment and savor this beautiful time.

## **Unexpected Moments for Expecting Parents! Mom and Dad's Edition Pregnancy Journal**

The Perfect Gift for Pregnant Lady: Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book *As You Grow*, is designed with a timeless look and archival paper so that you can one day pass it along to your child. This makes a perfect gift for your wife, Daughter or friends.. .

## **Pregnancy Journal Baby**

Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for mothers-to-be to reflect on the many personal milestones of the full gestation period of a pregnancy.

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## **Pregnancy To-Do's**

Record the beautiful different stages of your pregnancy with our beautiful First time Moms Journal. Track every stage of your pregnancy, such as your doctor visit record, Meal worksheet, cravings, Check your Pregnancy Milestone, Trimesters records, Weight Tracker Exercise and the first time your baby kicks( fetal movement tracker), all the way up to the big arrival. Our A Modern Moms Book includes photo pages, a page to jot down your special memories and ideas, a checklist for when its time to go to the hospital plus over 30 pages for journaling as much as you want to. This journal is the perfect way for any mommy-to-be to remember every step of the adventure. Our First time Moms Journal keepsake diary makes a big impression with family, friends, and co-workers.. Paper size 8" X 10" 130 pages journal, leaves enough space to write as much as you want.

## **Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories Planne**

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My

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Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most, what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember

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carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

## **My Rainbow Baby**

This classic contains the latest medical information on both mom's health and baby's development. This best-selling journal is packed with daily entries that feature tips, advice, and plenty of room for personal reflection. This one-of-a-kind journal is the ultimate resource for today's expecting mother.

## **Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories Journe**

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what

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great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

## **The First Mom's Pregnancy Journal**

Are you expecting a new baby? Are you looking for the ideal way to keep track of all the awesome adventures and memories you are going to be making? Our Pregnancy Journal allows you to record the beautiful different stages of your pregnancy with our lovely Pregnancy Journal. The pre-printed pages make it simple to create lasting memories of your baby's journey to birth. This journal makes an excellent baby shower gift or as a gift for new parents, grandparents, aunts, uncles or other loved ones. Our journal is the perfect way for any mommy-to-be to remember every step of the adventure. Some of the pages include: list of baby names, photo arrays, hospital checklist, and over 40 pages to record all your feelings and appointment results and much more.

## **The Bump Pregnancy Planner and Journal**

A Best memorable gifts for pregnant lady! If you are a pregnant women then this is

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for yours. Best pregnant gift idea for wife. 42 Weeks Pregnancy Planner Journal Book For Expecting Moms is finally here! This beautiful Pregnancy Journal is printed on high quality an adorable cover. write your emotion & feelings about pregnancy. Full 42 weeks, 10 month Planner Journal, Book Page: 40 Pages, Book Size: 8.5 X 11 inch. This is a memorable Pregnancy Journal book with cute quote makes a memorable gift for any pregnant lady.

## **Pregnancy Journal: First Time New Mom Diary, Pregnant & Expecting Record Book, Baby Shower Keepsake Gift, Bump Thoughts & Memories, 40 We**

Giggle Wiggle Pregnancy Journal & Keepsake is the newest addition to the best-selling series of parenting and baby books from Elizabeth & Alex Lluch. This beautiful journal celebrates the joy, love, and adventure surrounding a pregnancy and allows new parents to create a keepsake that will elicit heartwarming memories for a lifetime. With adorable illustrations, characters and fun questions, Giggle Wiggle Pregnancy Journal & Keepsake is sure to become a favorite for any couple having a baby.

## **Sacred Pregnancy**

A modern take on a baby memory book and journal, *As You Grow* stands out from the crowd with its elegant, chic, and timeless design. The gender-neutral artwork with guided sections provide space for every family to record moments from pregnancy to age five. Author and illustrator Korie Herold poured over every page, adding artistic detail and flourishes that work to create a book you can interact with now, and look back on for a lifetime. This chic design promotes longevity, as this book is intended to be shared and displayed for years to come. Breaking from norms, this book is written in a way to be inclusive of every modern family. Sections include: Pregnancy to birth Baby's first weeks Baby's first year Development to age 5 Firsts, milestones, and precious, sweet, and silly moments to remember Lined pages for journal entries and letters for your child Features -Chic, gender-neutral design -Elegant linen cover -Generous 9.75" x 9.75" trim size offers ample space for photos -Lay-flat design allows you to easily write in the book -Pocket section dividers provide space to safely store keepsakes -Carefully developed designs and prompts allow to you reflect and celebrate

## **The Expectant Father**

*Love Letters to My Baby* is a one-of-a-kind guided journal to help you, or a new mother of your acquaintance, pen your thoughts, feelings, and hopes about your yet unborn child.

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## **Pregnancy Journal**

This stylish notebook is perfect for moms-to-be as a memory book, diary or for daily note-taking. Journal (planner) to help you organize everything for your new baby on the way! Specifications: Cover Finish: Glossy Dimensions: 8.5" x 11" Interior: 110 pages

## **The What to Expect When You're Expecting Pregnancy Organizer**

Divided into five convenient sections, a pregnancy organizer helps the busy mother-to-be prepare for baby's arrival from the beginning through labor and delivery, with diet checklists forms to track medical expenses, family medical history pages, and shopping lists. Original.

## **First-Time Mom's Pregnancy Activity Book**

Bump to Birthday - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

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## **I'm Waiting for You Pregnancy Notebook**

Announcing a brand new, cover-to-cover revision of America's pregnancy bible. What to Expect When You're Expecting is a perennial New York Times bestseller and one of USA Today's 25 most influential books of the past 25 years. It's read by more than 90% of pregnant women who read a pregnancy book—the most iconic, must-have book for parents-to-be, with over 14.5 million copies in print. Now comes the Fourth Edition, a new book for a new generation of expectant moms—featuring a new look, a fresh perspective, and a friendlier-than-ever voice. It's filled with the most up-to-date information reflecting not only what's new in pregnancy, but what's relevant to pregnant women. Heidi Murkoff has rewritten every section of the book, answering dozens of new questions and including loads of new asked-for material, such as a detailed week-by-week fetal development section in each of the monthly chapters, an expanded chapter on pre-conception, and a brand new one on carrying multiples. More comprehensive, reassuring, and empathetic than ever, the Fourth Edition incorporates the most recent developments in obstetrics and addresses the most current lifestyle trends (from tattooing and belly piercing to Botox and aromatherapy). There's more than ever on pregnancy matters practical (including an expanded section on workplace concerns), physical (with more symptoms, more solutions), emotional (more advice on riding the mood roller coaster), nutritional (from low-carb to vegan, from junk food-dependent to caffeine-addicted), and sexual (what's hot and what's not in

pregnant lovemaking), as well as much more support for that very important partner in parenting, the dad-to-be. Overflowing with tips, helpful hints, and humor (a pregnant woman's best friend), this new edition is more accessible and easier to use than ever before. It's everything parents-to-be have come to expect from What to Expect only better?.

## **Giggle Wiggle Pregnancy Journal**

There is much to fear when you're pregnant. There's the fear of the unknown because there is no way to predict how the pregnancy will progress. But if you fill your mind with doubts and fears, you'll only feel stressed and tired. So release your emotions and trap them in the pages of this journal. At least when you write them, your feelings and emotions will finally come to light.

## **Coming Soon . . . Pregnancy Journal**

Pregnancy Journal and Scrapbook This blank journal allows expectant moms to document their pregnancy. Having a baby is one of the most wonderful things that can happen to you. This journal will help you monitor your pregnancy and create memories that you can give to your baby when he or she is all grown up. You can document your thoughts, feelings, moods and cravings. There are additional pages

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from when you first learned you were pregnant to how you and the father met. Two additional pages so you can write a short letter to your unborn baby. Section One: The journal pages in this section allow you to document the feelings and memories on the day you found out you were expecting a baby. Who did you tell first? Other pages in this section include; Letter To My Baby, About Mom, About Dad, Family Tree, Page for your Ultrasound photo. Section Two: In this section you can document how you felt during your pregnancy trimester weeks, your mood, cravings and your thoughts. You can add a photo of how your belly has changed as your baby grows. Section Three: Special memories of your pregnancy. The blank pages give you space to tape or glue in a photo when you were pregnant and write in a memory on the journal lines below the photo. Section Four: Once your baby is born you can document the first moments of your baby's life, add photos and your baby's footprint. Section Five: Autographs and Well-Wishes; Family and friends can write in well-wishes, congratulations and other special notes. Order today and create a keepsake book of the life growing inside of you!

### **The First-Time Mom's Pregnancy Journal**

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what

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great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

## **Mommy and Baby - Special Diaries**

### **Blessed Mama Pregnancy Journal**

Pregnancy notebook & journal for women a great and funny notebook gift for first-time mom's Write and remember your first-time being mom, This is a great way to keep track of your notes, 110 Journal Pages to make notes every morning, afternoon and evening, at home, work, or when walking between woods. Notebook journal Features: - 6x9 dimensions - High-quality paper - 110 Pages - Made in USA

### **50 Things to Do Before You Deliver**

This elegant pregnancy journal takes you through nine months of pregnancy with prompts to record all of your special moments and create a keepsake to one day give to your child. Best-selling author and illustrator Korie Herold poured over

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every page, adding artistic details and flourishes to create the perfect keepsake pregnancy memory book. Growing You includes- \*Pregnancy milestones \*Pocket folder for sonogram photos, letters from loved ones, and other mementos \*Prompts to record precious pregnancy milestones \*Space to journal through the months of your pregnancy \*And more! Special Features- \*Chic, gender-neutral design \*Elegant linen cover \*Acid-free and archival paper \*Generous trim size offers ample space for photos \*Lay-flat design allows you to easily write in the book

### **The Pregnancy Journal, 4th Edition**

This pregnancy journal is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me. Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy,

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mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories, Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most, what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 104 pages, soft matte finish cover, white paper, paperback. Get one today

### **Bump to Baby Journal**

Games, activities, and advice to get a first time mom to the big day Your first pregnancy probably has you feeling excited and maybe a little nervous. The First-Time Mom's Pregnancy Activity Book is a fun collection of 100 creative puzzles, exercises, writing prompts, and advice to support any first time mom and help you stay positive as you prepare for motherhood. Featuring everything from coloring book pages and crossword puzzles, to tips for diet, exercise, and preventing morning sickness, this guide for any first time mom will keep you entertained, help you record how you feel, and give you the tools to take on parenthood with confidence and good humor. The First-Time Mom's Pregnancy Activity Book includes: More than a journal--Unlike a classic journal, the activities in this book are quick, light, and helpful, so you can do them anytime. Your ultimate companion--Lists and questions will get any first time mom started on things like finding a doctor or hospital, and what to ask your OBGYN. Fun for each trimester--This book is organized into three trimesters and includes a section on childbirth, so the activities and advice will progress along with your pregnancy right up until your baby has arrived. If you're a first time mom, this book gives you 100 ways to stay sane and get ready for your bundle of joy.

## **Expecting You: a Mom and Baby Memory Book**

Capture every first with a simple baby journal for first-time moms Build a keepsake of your newborn's first days, first smile, and every other memorable moment with

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a stylish, uncomplicated baby journal that busy moms can actually find the time to use. Contemporary, everlasting, and easy to keep up with, the First-Time Mom's Baby Journal will help you track all your baby's important milestones, along with details like favorite toys, feeding schedules, and baby's birth story. First-Time Mom's Baby Journal offers: Thoughts and feelings--Touching quotes, places for photos, and brief writing prompts will help new moms make sense of the trials and triumphs of parenthood. Just for the two of you--The design is gender-neutral and doesn't mention a traditional partner, making it the perfect treasure for every mom and baby. A gift for later--When this book is full, keep it for yourself, or pass it on to your child when they are older. Record all the most precious moments with a baby journal for busy modern moms.

### **As You Grow**

This beautiful, gender-neutral pregnancy journal is the perfect gift for the new mom, or even for the experienced mom who wants a way to record her memories of each pregnancy as a keepsake for each of her children when they are older. This is the perfect keepsake gift to capture your memories of your pregnancy forever, so that you can revisit it in years to come. This pregnancy memory journal contains prompts and questions to help you record everything about your pregnancy. The size 8.5" X 11" pages provide you with plenty of room to write your answers to the guided prompts. Examples of the types of pages you will find inside this beautiful

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Journal include: Pregnancy Journal Pages to record when you first found out you were pregnant plus space to record Weeks 4 - 41 (just in case you're overdue!) of the pregnancy Space to post weekly pictures of your baby bump 3 journal pages to summarize each of your trimesters Space to write "My First Love Letter to My Baby" Space for listing your Baby Name Ideas "Growing a Healthy Baby Meal Planner" Foods/Drinks to Avoid & Ones to Add to Your Shopping List Exercise During Pregnancy - Questions that Need Answering Newborn Baby Shopping List Maternity Hospital Bag Checklist Record of My Prenatal Appointments My Baby Shower My Sonogram Photos My Fetal Movements Tracking Charts My Birth Plan My Nursery Room Ideas My Family Tree Important Pre-Birth Questions & Considerations The Birth This journal makes a great gift or memory keepsake that the new mommy-to-be will treasure for years. Make the decision to record the memories of your pregnancy, and you will always be grateful that you did. This is something you can also share with your child in years to come.

### **First-Time Mom's Baby Journal**

Record the beautiful different stages of your pregnancy with our beautiful Pregnancy Journal. The pre-printed pages make it simple to create lasting memories of your baby's journey to birth. Track every stage of your pregnancy, such as your first visit to the doctor, various food cravings, and the first time your baby kicks, all the way up to the big arrival. Our Pregnancy Journal includes

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multiple photo pages that show your transition over your pregnancy, a page to jot down baby names and ideas, a checklist for when its time to go to the hospital plus over 40 pages for journaling as much as you want to. This journal is the perfect way for any mommy-to-be to remember every step of the adventure. This keepsake journal makes a big impression with family, friends, and co-workers. This keepsake journal makes an excellent baby shower gift or as a gift for new parents, grandparents, aunts, uncles or other loved ones. Large 8.5" X 11" journal, leaves enough space to write as much as you want.

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