

# Psychology Theology And Spirituality In Christian Counseling

Psychology & Christianity  
Relational Spirituality in Psychotherapy  
The Routledge International Handbook of Spirituality in Society and the Professions  
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Relational Integration of Psychology and Christian Theology  
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## Psychology & Christianity

Relational Integration of Psychology and Christian Theology offers an in-depth, interdisciplinary relational framework that integrates theology, psychology, and clinical and other applications. Building on existing models and debates about the relationship between psychology and theology, the authors provide a much-needed examination of the actual interpersonal dynamics of integration and its implications for training and clinical practice. Case studies from a variety of clinical and educational contexts illustrate and support the authors' model of relational integration. Using an approach that is sensitive to theological diversity and to social context, this book puts forward a theological and therapeutic framework that values diversity, the repairing of ruptures, and collaboration.

## Relational Spirituality in Psychotherapy

Browning argues that the time is right for religious intellectuals in conversation with the social sciences to reinvigorate the deep humanistic strands of the grand religions and enter into global interfaith dialogue on that basis. Concentrating on the Christian heritage, he draws on such diverse disciplines to envision a broader canvas for psychology, a keener theological

use of new insights from psychology, a more complex understanding of how personal change is fostered, a recognition of the indispensable role of institutions in personal formation and ethical deliberation, and a deeper spirituality that directly feeds the common human endeavor and the public good.

### **The Routledge International Handbook of Spirituality in Society and the Professions**

Sin. Grace. Christian Counseling. How do these fit together? In Christian theology sin and grace are intrinsically interconnected. Teacher and counselor Mark McMinn believes that Christian counseling, then, must also take account of both human sin and God's grace. For both sin and grace are distorted whenever one is emphasized without the other. McMinn, noting his own tendencies and the temptation to stereotype different Christian approaches to counseling along this theological divide, aims to help all those preparing for or currently serving in the helping professions. Expounding the proper relationship of sin and grace, McMinn shows how the full truth of the Christian gospel works itself out in the functional, structural and relational domains of an integrative model of psychotherapy.

### **Psychology as Religion**

Learn to conduct a client-centered assessment of spirituality—and use the findings to enhance your interventions as well as your clients' psychospiritual coping abilities Even to clinicians practiced in helping clients to manage their stress, the impact of clients' spirituality upon their mental health can be difficult to discern and discuss. Moreover, ethical dilemmas can arise when clinicians feel compelled to intervene with a client's negative religious coping. *Spirituality and Mental Health: Clinical Applications* can help. This thought-provoking guide for mental health professionals and pastoral counselors provides you with a framework to assess and incorporate client-based spirituality into your practice. The author provides case examples and clinical models related to spirituality and mental health, as well as useful questionnaires for assessing clients. He provides a client-centered ethical framework for integrating spirituality into treatment, and then discusses how to apply it to clients' problems, especially those related to life crises, resentment over past offenses, guilt over past mistakes, and substance abuse. He also discusses how mindfulness meditation can enhance clients' coping ability. Finally, he includes a useful Leader's Guide for the psychoeducational spirituality group, which is designed to educate patients and church groups. *Spirituality and Mental Health: Clinical Applications* shows how professionals in the above disciplines can address the impact of spirituality on clients by: gaining an understanding of the construct of spirituality assessing spirituality and its interface with clients' presenting problems, particularly when spirituality is central to their values. intervening sensitively in ways that use clients' spiritual perspectives and practices to enhance their coping mechanisms. using the included Leader's Guide to the 5-session psychoeducational spirituality group As the baby boom generation ages, faith becomes a more integral part of that generation's consciousness. Whether you are a psychiatrist, a psychologist, a social worker, or a

pastoral counselor, *Spirituality and Mental Health: Clinical Applications* is a resource that you'll return to again and again as you work to improve the lives of your clients.

### **Psychology in the Spirit**

Is the human self singular and unified or essentially plural? This book explores the seemingly disparate ways that Christian theology and the secular human sciences have approached this complex question. The latter have largely embraced the idea of the plural self as an inescapable, even adaptive feature of psychological life. Contemporary Christian theology, by contrast, has largely neglected recent psychological accounts of the naturalness of self-plurality, and has sought to reaffirm the self's unity in opposition to those postmodern theorists who would dismantle it. Through an original analysis of recent theological and secular accounts of self and personhood, this book examines the extent of the intertheoretical disparity and its broader implications for theology's dialogue with the human sciences in general, and psychology in particular. It explains why theologians ought to take questions about the plurality of self very seriously, and how they overlap with many of the central concerns of contemporary theological anthropology, including the notions of relationality, particularity and human sinfulness. Introducing a novel psychological framework to distinguish various understandings of self-disunity, the author argues that contemporary theology's blanket condemnation of self-multiplicity is misconceived, and identifies a possible means of reconciling theological and human scientific accounts.

### **Relational Integration of Psychology and Christian Theology**

How are Christians to understand and undertake the discipline of psychology? This question has been of keen interest (and sometimes concern) to Christians because of the importance we place on a correct understanding of human nature. Psychology can sometimes seem disconnected from, if not antithetical to, Christian perspectives on life. How are we to understand our Christian beliefs about persons in relation to secular psychological beliefs? This revised edition of a widely appreciated text now presents five models for understanding the relationship between psychology and Christianity. All the essays and responses have been reworked and updated with some new contributors including the addition of a new perspective, the transformative view from John Coe and Todd Hall (Biola University). Also found here is David Powlison (Westminster Theological Seminary) who offers the biblical counseling model. The levels-of-explanation model is advanced by David G. Myers (Hope College), while Stanton L. Jones (Wheaton College) offers an entirely new chapter presenting the integration model. The Christian psychology model is put forth by Robert C. Roberts (Baylor University) now joined by Paul J. Watson (University of Tennessee, Chattanooga). Each of the contributors responds to the other essayists, noting points of agreement as well as problems they see. Eric L. Johnson provides a revised introduction that describes the history of Christians and psychology, as well as a conclusion that considers what might unite the five views and how a reader might

evaluate the relative strengths and weaknesses of each view. *Psychology and Christianity: Five Views* has become a standard introductory textbook for students and professors of Christian psychology. This revision promises to keep it so.

### **Relational Spirituality**

This book examines the role of religious and spiritual experiences in people's understanding of their environment. The contributors consider how understandings and experiences of religious and place connections are motivated by the need to seek and maintain contact with perceptual objects, so as to form meaningful relationship experiences. The volume is one of the first scholarly attempts to discuss the psychological links between place and religious experiences. The chapters within provide insights for understanding how people's experiences with geographical places and the sacred serve as agencies for meaning-making, pro-social behaviour, and psychological adjustment in everyday life.

### **Sin and Grace in Christian Counseling**

The past decade has witnessed a renaissance in scientific approaches to the study of morality. Once understood to be the domain of moral psychology, the newer approach to morality is largely interdisciplinary, driven in no small part by developments in behavioural economics and evolutionary biology, as well as advances in neuroscientific imaging capabilities, among other fields. To date, scientists studying moral cognition and behaviour have paid little attention to virtue theory, while virtue theorists have yet to acknowledge the new research results emerging from the new science of morality. *Theology and the Science of Moral Action* explores a new approach to ethical thinking that promotes dialogue and integration between recent research in the scientific study of moral cognition and behaviour—including neuroscience, moral psychology, and behavioural economics—and virtue theoretic approaches to ethics in both philosophy and theology. More particularly, the book evaluates the concept of moral exemplarity and its significance in philosophical and theological ethics as well as for ongoing research programs in the cognitive sciences.

### **The Integration of Psychology and Theology**

### **Psychology, Theology, and Spirituality in Christian Counseling**

Human beings are fundamentally relational—we develop, heal, and grow through relationships. Integrating insights from psychology and theology, Todd W. Hall and M. Elizabeth Lewis Hall present a definitive model of spiritual transformation based on a relational paradigm, showing how transformation works practically in the context of relationships and

community.

## **Theology and the Science of Moral Action**

Reviewing the growing body of scientific research on prayer, this book describes what is known about the behavioral, cognitive, emotional, developmental, and health aspects of this important religious activity. The highly regarded authors provide a balanced perspective on what prayer means to the individual, how and when it is practiced, and the impact it has in people's lives. Clinically relevant topics include connections among prayer, coping, and adjustment, as well as controversial questions of whether prayer (for oneself or another) can be beneficial to health. The strengths and limitations of available empirical studies are critically evaluated, and promising future research directions are identified.

## **The Psychology of Prayer**

Kirwan not only sounds a clarion call for thorough integration of psychology and theology, he demonstrates that it can be done.

## **A Theology of Biblical Counseling**

The Science of Spirituality is a ground-breaking book that integrates the individual systems of science, psychology, philosophy, spirituality and religion into a unified system that describes the multi-dimensional nature of man and the universe. It provides a more comprehensive description of reality than conventional science can offer and fully explains the mechanisms behind an array of paranormal phenomena that mainstream science chooses to ignore. It explains the science behind religious, spiritual and new-age belief systems, and sheds light on some common misconceptions. The Science of Spirituality systematically describes the mechanisms behind a diverse range of subject matter including: consciousness, sleep and dreams, reincarnation, religion, creation, evolution, space and time, higher dimensions, heaven and hell, ghosts, angels and demons, out of body experiences, near death experiences, clairvoyance, psychic abilities, personal development, meditation and the meaning of life.

## **A Spirituality of Listening**

The Open Access version of this book, available at [www.taylorfrancis.com/books/9781472453983](http://www.taylorfrancis.com/books/9781472453983), has been made available under a Creative Commons Attribution-Non Commercial-No Derivative 4.0 license. Experiences of hearing the voice of God (or angels, demons, or other spiritual beings) have generally been understood either as religious experiences or else as a

feature of mental illness. Some critics of traditional religious faith have dismissed the visions and voices attributed to biblical characters and saints as evidence of mental disorder. However, it is now known that many ordinary people, with no other evidence of mental disorder, also hear voices and that these voices not infrequently include spiritual or religious content. Psychological and interdisciplinary research has shed a revealing light on these experiences in recent years, so that we now know much more about the phenomenon of "hearing voices" than ever before. The present work considers biblical, historical, and scientific accounts of spiritual and mystical experiences of voice hearing in the Christian tradition in order to explore how some voices may be understood theologically as revelatory. It is proposed that in the incarnation, Christian faith finds both an understanding of what it is to be fully human (a theological anthropology), and God's perfect self-disclosure (revelation). Within such an understanding, revelatory voices represent a key point of interpersonal encounter between human beings and God.

### **Spirituality and Mental Health**

Edited by Mark R. McMinn and Timothy R. Phillips, this collection of essays is a multidisciplinary dialogue on the interface between psychology and theology that takes seriously the long, rich tradition of soul care in the church.

### **The Psychology of Spirituality**

The American Association of Christian Counselors and Tyndale House Publishers are committed to ministering to the spiritual needs of people. This book is part of the professional series that offers counselors the latest techniques, theory, and general information that is vital to their work. While many books have tried to integrate theology and psychology, this book takes another step and explores the importance of the spiritual disciplines in psychotherapy, helping counselors to integrate the biblical principles of forgiveness, redemption, restitution, prayer, and worship into their counseling techniques. Mark R. McMinn, Ph.D., is professor of psychology at Wheaton College Graduate School in Wheaton, Illinois, where he directs and teaches in the Doctor of Psychology program. A diplomate in Clinical Psychology of the American Board of Professional Psychology, McMinn has thirteen years of postdoctoral experience in counseling, psychotherapy, and psychological testing. McMinn is the author of *Making the Best of Stress: How Life's Hassles Can Form the Fruit of the Spirit*; *The Jekyll/Hyde Syndrome: Controlling Inner Conflict through Authentic Living*; *Cognitive Therapy Techniques in Christian Counseling*; and *Christians in the Crossfire* (written with James D. Foster). He and his wife, Lisa, have three daughters.

### **Cognitive Therapy Techniques in Christian Counseling**

Increasingly, it is being recognized that spirituality, defined here as "a multiform search for a transcendent meaning of life

that connects them to all living beings and brings them in touch with God or 'Ultimate Reality,'" is an aspect of almost every sphere and aspect of social life. It appears in humanity's dealings with nature, home and community, healing, economics and business, knowledge, and education. The Routledge International Handbook of Spirituality in Society and the Professions is a stimulating collection that summarizes the most important issues, frameworks, discussions, and problems relating to spiritually inspired activities in different fields of social life. The contributors explore how spirituality is a part of existence and present approaches and models for professionals working in diverse areas. Presented in seven parts, the book provides a full overview of current research and practice. Part II, "Facets of spirituality," explores topics including philosophy, psychology, theology, and culture. Part III, "Nature," looks at ecology, agriculture, cities, and tourism. Part IV, "Home and community," presents chapters on various life stages, disability, gender, and culture. Part V, "Healing," examines medicine, mental and physical health, and ill-health. In Part VI, "Economy, politics, and law," contributors discuss business, leadership and the workplace, peace, and policing. Part VII, "Knowledge and education," includes chapters on science, design, fashion, literature, and the arts. In the final part, "Way forward," the editors look to the future with a chapter on inter-spirituality and the renewal of social practices. Driven by contemporary research and new developments, this Handbook is an innovative and interdisciplinary collection that provides an essential overview of contemporary spirituality and society from an international selection of contributors. The Routledge International Handbook of Spirituality in Society and the Professions offers accessible, diverse, and engaging international research, and its scope will appeal to academics and students of a wide range of subjects, including aging and addiction, psychology, theology, religious studies, sociology, business studies, and philosophy. It will also be an important work for professionals in medical and social services, the clergy, education, business, the arts, religious communities, and politics, and members of organizations looking at the links between spirituality, religion, and society.

### **Reviving Christian Humanism**

This is a virtually rewritten second edition of New York University Professor Paul Vitz's profoundly important analysis of modern psychology. Vitz maintains that psychology in our day has become a religion, a secular cult of self, and has become part of the problem of modern life rather than part of its resolution.

### **Spiritual Emotions**

Mark McMinn and Clark Campbell present a new integrative model of psychotherapy that is grounded in Christian biblical and theological teaching and in a critical and constructive engagement with contemporary psychology. The authors provide both theoretical analysis and also practical guidance for the practitioner.

## **On Theology and Psychology**

God is speaking in our everyday world. How can we become more attuned to listening for God's voice? Keith Anderson walks us through key biblical themes that help us to see and experience how God is present with us if we would only listen.

## **The New Christian Counselor**

## **Transforming Spirituality**

What does authentic Christian counseling look like in practice? This volume explores how five major perspectives on the interface of Christianity and psychology would each actually be applied in a clinical setting. Respected experts associated with each of the perspectives depict how to assess, conceptualize, counsel and offer aftercare to Jake, a hypothetical client with a variety of complex issues. In each case the contributors seek to explain how theory can translate into real-life counseling scenarios. This book builds on the framework of Eric L. Johnson's *Psychology & Christianity: Five Views*. These include the Levels-of-Explanation Approach, the Integration Approach, the Christian Psychology Approach, the Transformational Approach and the Biblical Counseling Approach. While *Counseling and Christianity* can be used independently of Johnson's volume, the two can also function as useful companions. Christians who counsel, both those in practice and those still in training, will be served by this volume as it strengthens the connections between theory and practice in relating our faith to the mental health disciplines. They will finally get an answer to their persistent but unanswered question: "What would that counseling view look like behind closed doors?"

## **The Psychology of Religion and Place**

Recent research in the humanities and social sciences suggests that individuals who understand themselves as belonging to something greater than the self—a family, community, or religious or spiritual group—often feel happier, have a deeper sense of purpose or meaning in their lives, and have overall better life outcomes than those who do not. Some positive and personality psychologists have labeled this location of the self within a broader perspective "self-transcendence." This book presents and integrates new, interdisciplinary research into virtue, happiness, and the meaning of life by re-orienting these discussions around the concept of self-transcendence. The essays are organized around three broad themes connected to self-transcendence. First, they investigate how self-transcendence helps us to understand aspects of the moral life as it is studied within psychology, including the development of wisdom, the practice of moral praise, and psychological well-being. Second, they explore how self-transcendence is linked to virtue in different religious and spiritual traditions including



Judaism, Islam, Christianity, Buddhism, and Confucianism. Finally, they ask how self-transcendence can help us theorize about Aristotelean and Thomist conceptions of virtue, like hope and piety, and how this helps us to re-conceptualize happiness and meaning in life.

### **Forgiveness and Spirituality in Psychotherapy**

How do Christians in the twenty-first century understand psychological disorders? What does Scripture have to teach us about these conditions? Marcia Webb examines attitudes about psychological disorder in the church today, and compares them to the scriptural testimony. She offers theological and psychological insights to help contemporary Christians integrate biblical perspectives with current scientific knowledge about mental illness.

### **Biblical Concepts for Christian Counseling**

Examines the relationship of psychology to theology, and discusses whether they contradict each other or integrate with each other. Reference listing, annotated bibliography, and index.

### **Hearing Voices, Demonic and Divine**

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task: to help people take possession of their souls through the power of the Spirit; under the authority of the Word; in a supportive community of accountability that they may be like Christ. The authors address head-on today's enticing new imitations of true peace and tantalizing opportunities for people in pain to anesthetize themselves. But they also highlight the foundation of hope: God loves, he empowers, and he refuses to abandon his passion for connection with his children. Case studies illustrate how to help people take possession of the thinking self, the feeling self, the decision-making self, the physical self, and the relational self. This comprehensive plan for effective intervention is perfect for lay counselors, students, and professionals looking for ways to integrate their faith and practice.

### **The Evolution of Religion, Religiosity and Theology**

The relationship between psychology and Christian theology has been one of the most important topics in the science and religion fields. Discussions, however, are too frequently one-sided. This book takes an alternative approach: following the lead of Fraser Watts, the contributions develop various aspects of the mutual enrichment of each discipline by the other. Moving beyond outdated models of conflict and independence, this book highlights areas of fruitful enhancement at the

interface of Christian belief and practice with psychology. Set out in four sections the book's chapters first engage methodological and substantive issues in the interdisciplinarity raised by the dialogue between psychology and theology. Second, chapters explore a variety of areas in which psychology enriches theology, looking at both historical and contemporary themes such as psychoanalysis, embodiment and mindfulness. Chapters in the third section explore some of the theological enrichments of psychology, with topics including character strengths, wisdom and forgiveness. The final section engages aspects of mutual enrichment in religious life and pastoral care with an applied focus on mental health, meditation, prayer, spiritual direction and spirituality. A refreshing alternative study of the mutual enrichment of psychology and theology with theoretical and practical applications, this book reinforces the need for both disciplines to pursue creative and constructive engagement with each other. Of interest to scholars in psychology, theology and religious studies this book will also be of interest more widely as a case study of successful interdisciplinary work.

### **Mutual Enrichment between Psychology and Theology**

This book takes a multi-dimensional and multi-disciplinary approach to religion, religiosity and theology from their earliest beginnings to the present day. It uniquely brings together the natural sciences and theology to explore how religious practice emerged and developed through the four sections into which the book is organized: Evolutionary biology; Philosophical linguistics, psychology and neuroscience; Theology and Anthropology. The volume features an international panel of contributors who develop an innovative picture of religion as a culturally-created social institution; religiosity as a more personal and subjective anthropological element of people expressed through religion; and theology as the study of god. To survive in changing times, living systems — a good characterization of religion, religiosity and theology — all must adaptively evolve. This is a vital study of a rapidly burgeoning field. As such, it will be of great interest to scholars in religious studies and theology as well as in the psychological, sociological, and anthropological study of religion.

### **An Introductory Text Book to Study General Psychology With the Integration of Theology Spirituality and the Personal Search for Truth and Meaning**

Spirituality is increasingly accepted as integral to human psychology, vital for physical and mental health. The Psychology of Spirituality is an accessible book that introduces the relationship between spirituality and psychology. The author sets out what spirituality is, the values it represents and how it can contribute to mental health and wellbeing. He then illustrates how knowledge of spirituality can provide a deeper understanding of people's problems and can help them develop resilience and aid recovery. With reference to a new holistic or 'psycho-spiritual' paradigm, the book then covers stages of spiritual development: from having natural spiritual awareness in early childhood to the waning of interest in later childhood; largely conforming to group mentality in adolescence before discovering individuality; and then the final journey

towards full personal and emotional maturity. Finally, the author outlines practical advice on how to explore and make use of spirituality, covering a range of spiritual skills and practices, including meditation and contemplation. Each chapter includes case examples and exercises to explore the ideas covered. This book will be compelling reading for psychologists, psychiatrists, chaplains, healthcare professionals, students, and anyone wanting to understand better the role of spirituality and psychology in the lives of all.

### **Understanding the Psychological Soul of Spirituality**

Understanding the Psychological Soul of Spirituality is a comprehensive exploration of spiritual constructs based on an empirical, evidence-based paradigm for understanding and addressing spirituality. In a field where there is no current consensus on spirituality, this book provides a much-needed psychologically based definition and ontology that assists helping professionals in formulating their professional identities; developing effective and appropriate training models; furthering their understanding of what spirituality is and is not, from a psychological perspective; and more effectively addressing spiritual issues to support clients. The authors provide a review of current issues in the area of spirituality, also called the numinous, and provide perspectives that address these concerns in ways that promote a fully scientific understanding of the construct. Ultimately the book provides a concise definition of the numinous that places it squarely in the social sciences. Chapters outline the clear value of the numinous for psychology and detail its relevance for professionals' training.

### **Integrative Psychotherapy**

This book provides a framework by which a global audience might think theologically about contemporary films produced in mainland China by Chinese directors. Up to this point the academic discipline of Christian theology and film has focussed predominantly on Western cinema, and as a result, has missed out the potential insights offered by Chinese spirituality on film. Mainland Chinese films, produced within the nation's social structure, offer an excellent lingua franca of China. Illuminating the spiritual imagination of Chinese filmmakers and their yearning for transcendence, the book uses Richard A. Blake's concept of afterimage to analyse the potential theological implications of their films. It then brings Jürgen Moltmann's "immanent-transcendence" and Robert K. Johnston's "God's wider Presence" into conversation with Confucianist and Daoist ideas of there being, spirituality-speaking, "More in Life than Meets the Eye" than simply material existence. This all combines to move beyond film and allow for a Western audience to gain a new perspective on Chinese culture and traditions. One that uses familiar Western terms, while avoiding the imposition of a Western mindset. This is a new perspective on cinema, religion and Chinese culture that will be of keen interest to scholars of Religion and Film, Religious Studies, Theology, Sociology of Religion and Chinese Studies.

## **Theology, Psychology and the Plural Self**

Jung's correspondence with one of the twentieth century's leading theologians and ecumenicists On Theology and Psychology brings together C. G. Jung's correspondence with Adolf Keller, a celebrated Protestant theologian who was one of the pioneers of the modern ecumenical movement and one of the first religious leaders to become interested in analytical psychology. Their relationship spanned half a century, and for many years Keller was the only major religious leader to align himself with Jung and his ideas. Both men shared a lifelong engagement with questions of faith, and each grappled with God in his own distinctive way. Presented here in English for the first time are letters that provide a rare look at Jung in dialogue with a theologian. Spanning some fifty years, these letters reveal an extended intellectual and spiritual discourse between two very different men as they exchange views on the nature of the divine, the compatibility of Jungian psychology and Christianity, the interpretation of the Bible and figures such as Jesus and Job, and the phenomenon of National Socialism. Although Keller was powerfully attracted to Jung's ideas, his correspondence with the famed psychiatrist demonstrates that he avoided discipleship. Both men struggled with essential questions about human existence, spirituality, and well-being, and both sought common ground where the concerns of psychologists and theologians converge. Featuring an illuminating introduction by Marianne Jehle-Wildberger, On Theology and Psychology offers incomparable insights into the development of Jung's views on theology and religion, and a unique window into a spiritual and intellectual friendship unlike any other.

## **Care for the Soul**

The twenty-first century has given rise to a growing interest in the intersection of science, religion, and spirituality. Few books address these issues from multiple perspectives and theories. To fill this void, F. LeRon Shults and Steven Sandage, coauthors of *The Faces of Forgiveness* (winner of the Narramore Award from the Christian Association for Psychological Studies) continue their interdisciplinary dialogue in their latest work, *Transforming Spirituality*. In this book Shults and Sandage address the subject of spiritual transformation through the lenses of psychology and theology. In addition to college and seminary students, *Transforming Spirituality* will appeal to readers interested in Christian spirituality. What is more, it provides helpful insights for counselors, psychologists, and others who work in the mental health field.

## **Transcendence and Spirituality in Chinese Cinema**

An expert in moral and philosophical psychology, Robert C. Roberts here develops an original, up-to-date understanding of human emotions in relation to spirituality and as a basic part of Christian moral character. With an eye on pertinent Biblical texts, Roberts explores emotions as nonsensory perceptions that arise from personal caring and concern. His study

culminates with an in-depth examination of six "fruit of the Holy Spirit" emotion-virtues: contrition, joy, gratitude, hope, peace, and compassion. Though *Spiritual Emotions* is rigorous in its focus on the inner structure of Christian character, it is nonetheless readable and is laced with many narrative examples. The book will be immensely useful for Christian ethicists, psychologists, pastors, and counselors.

### **The Science of Spirituality**

Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling...and bad theology leads to bad counseling. *A Theology of Biblical Counseling* is a landmark new book that covers the history of the biblical counseling movement, the core convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

### **The Science of Virtue**

The church and science have drifted apart over the past century. Today the church is often deemed irrelevant by those who trust science, and science is often deemed irrelevant by those whose primary loyalties are to the church. However, this book shows that the new science of virtue--the field of positive psychology--can serve as a bridge point between science and the church and can help renew meaningful conversation. In essence, positive psychology examines how ordinary people can become happier and more fulfilled. Mark McMinn clarifies how positive psychology can complement Christian faith and promote happiness and personal flourishing. In addition, he shows how the church can help strengthen positive psychology. McMinn brings the church's experience and wisdom on six virtues--humility, forgiveness, gratitude, grace, hope, and wisdom--into conversation with intriguing scientific findings from positive psychology. Each chapter includes a section addressing Christian counselors who seek to promote happiness and fulfillment in others.

### **Toward a Theology of Psychological Disorder**

This book explains when forgiveness and spiritual transformation might be appropriate clinical goals, as well as how to facilitate these processes in psychotherapy. The model is applied to short-term therapy, long-term therapy, couple and family therapy, and group therapy.

### **Counseling and Christianity**

Can real change happen in the human soul? Is it possible to have truly healthy relationships? Is psychology something that can help us see reality as God sees it? John H. Coe and Todd W. Hall tackle these and other provocative questions in this next volume of the Christian Worldview Integration Series which offers an introduction to a new approach to psychology that seeks to integrate psychology and spiritual formation. This model "represents a spiritual formation and relational approach to psychology for the sake of servicing the spiritual needs of the church." Their goal is to provide a unique model of doing psychology and science in the Spirit. Here you will find an introduction to the foundations, methodology, content and praxis for this new approach to soulcare.

### **Theology for Better Counseling**

This book presents the Relational Spirituality Model (RSM) of psychotherapy, a creative clinical process that engages existential themes to help people make sense of profound suffering or trauma.

### **Self-Transcendence and Virtue**

Seeking an adequate response to the "theological disequilibrium" of many of her patients, Virginia Todd Holeman set out to explore the connections between theology and the practice of counseling. Her "trinitarian reflections" will help students and practitioners create new pathways between theology and therapy.

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