

## **The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women**

In Our Prime: How Older Women Are Reinventing the Road Ahead  
Encyclopedia of Motherhood  
The Myths of Motherhood  
Book Clubs  
The Bitch in the House  
The Good Mother Myth  
Pressure Cooker  
Mommy Grace  
Mothering through Precarity  
Of War and Men  
Misconceptions  
The Mommy Myth  
Celebrity Listening in  
Selling Anxiety  
There Was a Little Girl  
Bitch  
The Top of the World  
The Rise of Enlightened Sexism  
Parenting Culture Studies  
The Mommy Brain  
Creating Choice  
Twenty-first Century Motherhood  
Fetal Subjects, Feminist Positions  
What My Mother and I Don't Talk About  
Feminist Mothering  
To Have and to Hold  
Enlightened Sexism  
Where the Girls Are  
The Mommy Myth  
The Cultural Contradictions of Motherhood  
No Kids  
Home Truths  
Perfect Madness  
Mommy Wars  
The Mommy Myth  
The Psychosocial Implications of Disney Movies  
Maternal Desire  
Sacred Pleasure  
The Price of Motherhood

### **In Our Prime: How Older Women Are Reinventing the Road Ahead**

Virginia Woolf introduced us to the “Angel in the House”, now prepare to meet The Bitch In the House. This e-book includes an exclusive excerpt from *The Bitch is Back: Older, Wiser, and Getting Happier*, a second collection of essays from nine of the contributors featured in *The Bitch in the House* and from sixteen captivating new voices. Women today have more choices than at any time in history, yet many smart, ambitious, contemporary women are finding themselves angry, dissatisfied, stressed out. Why are they dissatisfied? And what do they really want? These questions form the premise of this passionate, provocative, funny, searingly honest collection of original essays in which twenty-six women writers—ranging in age from twenty-four to sixty-five, single and childless or married with children or four times divorced—invite readers into their lives, minds, and bedrooms to talk about the choices they’ve made, what’s working, and what’s not. With wit and humor, in prose as poetic and powerful as it is blunt and dead-on, these intriguing women offer details of their lives that they’ve never publicly revealed before, candidly sounding off on:

- The difficult decisions and compromises of living with lovers, marrying, staying single and having children
- The perpetual tug of war between love and work, family and career
- The struggle to simultaneously care for ailing parents and a young family
- The myth of co-parenting
- Dealing with helpless mates and needy toddlers
- The constrictions of traditional women’s roles as well as the clichés of feminism
- Anger at laid-back live-in lovers content to live off a hardworking woman’s checkbook
- Anger at being criticized for one’s weight
- Anger directed at their mothers, right and wrong
- And—well—more anger

“This book was born out of anger,” begins Cathi Hanauer, but the end result is an intimate sharing of experience that will move, amuse, and enlighten. *The Bitch in the House* is a perfect companion for your students as they plot a course through the many voices of modern feminism. This is the sound of the collective voice of successful women today—in all their anger, grace, and glory. From *The Bitch In the House*: “I believed myself to be a feminist, and I vowed never to fall into the same trap of domestic boredom and servitude that I saw my mother as being fully

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

entrenched in; never to settle for a life that was, as I saw it, lacking independence, authority, and respect.” —E.S. Maduro, page 5 “Here are a few things people have said about me at the office: ‘You’re unflappable.’ ‘Are you ever in a bad mood?’ Here are things people—okay, the members of my family—have said about me at home: ‘Mommy is always grumpy.’ ‘Why are you so tense?’ ‘You’re too mean to live in this house and I want you to go back to work for the rest of your life!’” —Kristin van Ogtrop, page 161 “I didn’t want to be a bad mother I wanted to be my mother-safe, protective, rational, calm-without giving up all my anger, because my anger fueled me.” — Elissa Schappell, page 195

### **Encyclopedia of Motherhood**

In *The Mommy Brain*, Katherine Ellison reveals the ways that women get smarter after having kids. Motherhood makes women more perceptive, efficient, resilient, motivated, and emotionally intelligent -- all of which adds up to tremendous mental enrichment and effectiveness.

### **The Myths of Motherhood**

A candid and thought-provoking collection of twenty-six essays by both working and stay-at-home mothers of all ages and geographical locations explores the complex issues involved in how women balance their personal and professional lives, with contributions by Jane Smiley, Terri Minsky, Susan Cheever, and others. Reprint. 25,000 first printing.

### **Book Clubs**

A clinical psychologist’s exploration of the modern dilemmas women face in the wake of new motherhood When Molly Millwood became a mother, she was fully prepared for what she would gain: an adorable baby boy; hard-won mothering skills; and a messy, chaotic, beautiful life. But what she did not expect was what she would lose: aspects of her identity, a baseline level of happiness, a general sense of wellbeing. And though she had the benefit of a supportive husband during this transition, she also at times resented the fact that the disruption to his life seemed to pale in comparison to hers. As a clinical psychologist, Molly knew her experience was a normal response to a life-changing event. But without the advantage of such a perspective, many of the patients she treated in her private practice grappled with self-doubt, guilt, and fear, and suffered the dual pain of not only the struggle to adjust but also the overwhelming shame for struggling at all. In *To Have and to Hold*, Molly explores the complex terrain of new motherhood, illuminating the ways it affects women psychologically, emotionally, physically, and professionally—as well as how it impacts their partnership. Along with the arrival of a bundle of joy come thorny issues such as self-worth, control, autonomy, and dependency. And for most new mothers, these issues are experienced within the context of an intimate relationship, adding another layer of tension, conflict, and confusion to an already challenging time. As Molly examines the inextricable link between women’s well-being as new mothers and the well-being of their relationships, she offers guidance to help readers reclaim their identities, overcome their guilt and shame, and repair their relationships. A blend of personal

## Download Ebook *The Mommy Myth: The Idealization Of Motherhood And How It Has Undermined Women*

narrative, scientific research, and stories from Molly's clinical practice, *To Have and to Hold* provides a much-needed lifeline to new mothers everywhere.

### **The Bitch in the House**

Riane Eisler shows us how history has consistently promoted the link between sex and violence—and how we can sever this link and move to a politics of partnership rather than domination in all our relations.

### **The Good Mother Myth**

A former New York Times reporter tackles the difficult issue of gender economic equality, confronting the financial penalties levied on motherhood. Reprint. 40,000 first printing.

### **Pressure Cooker**

In this volume of 15 articles, contributors from a wide range of disciplines present their analyses of Disney movies and Disney music, which are mainstays of popular culture. The power of the Disney brand has heightened the need for academics to question whether Disney's films and music function as a tool of the Western elite that shapes the views of those less empowered. Given its global reach, how the Walt Disney Company handles the role of race, gender, and sexuality in social structural inequality merits serious reflection according to a number of the articles in the volume. On the other hand, other authors argue that Disney productions can help individuals cope with difficult situations or embrace progressive thinking. The different approaches to the assessment of Disney films as cultural artifacts also vary according to the theoretical perspectives guiding the interpretation of both overt and latent symbolic meaning in the movies. The authors of the 15 articles encourage readers to engage with the material, showcasing a variety of views about the good, the bad, and the best way forward.

### **Mommy Grace**

A pioneer of modern motherhood studies, Andrea O'Reilly explores motherhood's current representation and practice, considering developments that were unimaginable decades ago: the Internet, interracial surrogacy, raising transchildren, male mothering, intensive mothering, queer parenting, the applications of new biotechnologies, and mothering in the post-9/11 era. Her work pulls together a range of disciplines and themes in motherhood studies. She confronts the effects of globalization, HIV/AIDS, welfare reform, politicians as mothers, third wave feminism, and the evolving motherhood movement, and she incorporates Chicana, African-American, Canadian, Muslim, queer, low-income, trans, and lesbian perspectives.

### **Mothering through Precarity**

Before *Roe v. Wade*, somewhere between one and two million illegal abortions were performed every year in the United States. Illegal abortion affected millions of

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

women and their families, yet their stories remain hidden. In *Creating Choice*, citizens of one community in Western Massachusetts' Pioneer Valley break that silence.

### **Of War and Men**

Essays explore a wide range of contemporary feminist mothering practices.

### **Misconceptions**

Challenges idealized concepts about motherhood that the author believes compromise women's rights and empowerment without benefiting children, citing such factors as unrealistic parenting standards, media scare tactics, Reprint. 500,000 first printing.

### **The Mommy Myth**

A powerful and witty expose of how the media distorts news about women"

### **Celebrity**

In *Misconceptions*, bestselling author Naomi Wolf she demythologizes motherhood and reveals the dangers of common assumptions about childbirth. With uncompromising honesty she describes how hormones eroded her sense of independence, ultrasounds tested her commitment to abortion rights, and the keepers of the OB/GYN establishment lacked compassion. The weeks after her first daughter's birth taught her how society, employers, and even husbands can manipulate new mothers. She had bewildering post partum depression, but learned that a surprisingly high percentage of women experience it. Wolf's courageous willingness to talk about the unexpected difficulties of childbirth will help every woman become a more knowledgeable planner of her pregnancy and better prepare her for the challenges of balancing a career, freedom, and a growing family. Invaluable in its advice to parents, *Misconceptions* speaks to anyone connected—personally, medically, or professionally—to a new mother.

### **Listening in**

To request a free 30-day online trial to this product, visit [www.sagepub.com/freetrial](http://www.sagepub.com/freetrial) In the last decade the topic of motherhood has emerged as a distinct and established field of scholarly inquiry. A cursory review of motherhood research reveals that hundreds of scholarly articles have been published on almost every motherhood theme imaginable. The first ever on the topic, this *Encyclopedia of Motherhood* helps to both demarcate motherhood as a scholarly field and an academic discipline and to direct its future development. With more than 700 entries, these three volumes provide information on the central terms, concepts, topics, issues, themes, debates, theories, and texts of this new discipline. Further, the encyclopedia examines the topic of motherhood in various contexts such as history and geography and by academic discipline. Key Features Provides an overview of the topic of motherhood in many and diverse

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

disciplines, such as anthropology, sociology, psychology and philosophy Examines the meaning and experience of motherhood in many time periods from classic civilizations to present day Includes an entry for all the influential theorists of maternal scholarship from the pioneering theories to the more recent writings Covers issues and events of our current times including entries on the mommy blog, the motherhood memoir, terrorism, reproductive technologies, HIV/AIDS, and LGBT families Explores geographical, cultural, and ethnic diversity with an entry for almost every country in the world as well as entries on lesbian, immigrant, adoptive, single, nonresidential, young, poor mothers and mothers with disabilities Key Themes History of Motherhood Issues in Motherhood Motherhood and Family Motherhood and Health Motherhood and Society Motherhood Around the World Motherhood in the United States Motherhood Studies Prominent Mothers In human society, few institutions are as important as motherhood, and this unique encyclopedia captures the interdisciplinary foundation of the subject in one convenient reference. The scope of the Encyclopedia of Motherhood is focused on providing a comprehensive resource to understanding the complexities of motherhood for academic and public libraries, written by scholars and institutional experts in the social and behavioral sciences.

### **Selling Anxiety**

### **There Was a Little Girl**

From the author of *Where the Girls Are*, a sharp and irreverent critique of how women are portrayed in today's popular culture Women today are inundated with conflicting messages from the mass media: they must either be strong leaders in complete command or sex kittens obsessed with finding and pleasing a man. In *Enlightened Sexism*, Susan J. Douglas, one of America's most entertaining and insightful cultural critics, takes readers on a spirited journey through the television programs, popular songs, movies, and news coverage of recent years, telling a story that is nothing less than the cultural biography of a new generation of American women. Revisiting cultural touchstones from *Buffy the Vampire Slayer* to *Survivor* to *Desperate Housewives*, Douglas uses wit and wisdom to expose these images of women as mere fantasies of female power, assuring women and girls that the battle for equality has been won, so there's nothing wrong with resurrecting sexist stereotypes—all in good fun, of course. She shows that these portrayals not only distract us from the real-world challenges facing women today but also drive a wedge between baby-boom women and their "millennial" daughters. In seeking to bridge this generation gap, Douglas makes the case for casting aside these retrograde messages, showing us how to decode the mixed messages that restrict the ambitions of women of all ages. And what makes *Enlightened Sexism* such a pleasure to read is Douglas's unique voice, as she blends humor with insight and offers an empathetic and sisterly guide to the images so many women love and hate with equal measure.

### **Bitch**

In *Listening In*, Susan Douglas explores how listening has altered our day-to-day

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

experiences and our own generational identities, cultivating different modes of listening in different eras; how radio has shaped our views of race, gender roles, ethnic barriers, family dynamics, leadership, and the generation gap. With her trademark wit, Douglas has created an eminently readable cultural history of radio.

### **The Top of the World**

In *Mothering through Precarity* Julie A. Wilson and Emily Chivers Yochim explore how working- and middle-class mothers negotiate the difficulties of twenty-first-century mothering through their everyday engagement with digital media. From Facebook and Pinterest to couponing, health, and parenting websites, the women Wilson and Yochim study rely upon online resources and communities for material and emotional support. Feeling responsible for their family's economic security, these women often become "mamapreneurs," running side businesses out of their homes. They also feel the need to provide for their family's happiness, making successful mothering dependent upon economic and emotional labor. Questioning these standards of motherhood, Wilson and Yochim demonstrate that mothers' work is inseparable from digital media as it provides them the means for sustaining their families through such difficulties as health scares, underfunded schools, a weakening social safety net, and job losses.

### **The Rise of Enlightened Sexism**

An exploration of the world of modern motherhood describes the author's early parenting experiences in Paris and how they contrasted with anxiety-marked parenting expectations in the United States, drawing on mainstream media sources to identify what is shaping American cultural assumptions about parenting. By the author of *Hilary Clinton: The Inside Story*. Reprint.

### **Parenting Culture Studies**

A scholar and media critic takes a provocative look at the portrayal of women in American popular culture from the 1950s to the present day and assesses the impact of such images on women's real lives

### **The Mommy Brain**

Selected as the "Most Enduring Edited Collection" by the Council on Anthropology and Reproduction Since *Roe v. Wade*, there has been increasing public interest in fetuses, in part as a result of effective antiabortion propaganda and in part as a result of developments in medicine and technology. While feminists have begun to take note of the proliferation of fetal images in various media, such as medical journals, magazines, and motion pictures, few have openly addressed the problems that the emergence of the fetal subject poses for feminism. *Fetal Subjects, Feminist Positions* foregrounds feminism's effort to focus on the importance of women's reproductive agency, and at the same time acknowledges the increasing significance of fetal subjects in public discourse and private experience. Essays address the public fascination with the fetal subject and its implications for abortion discourse and feminist commitment to reproductive rights

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

in the United States. Contributors include scholars from fields as diverse as anthropology, communications, political science, sociology, and philosophy.

### **Creating Choice**

“You will devour these beautifully written—and very important—tales of honesty, pain, and resilience” (Elizabeth Gilbert, New York Times bestselling author of *Eat Pray Love* and *City of Girls*) from fifteen brilliant writers who explore how what we don’t talk about with our mothers affects us, for better or for worse. As an undergraduate, Michele Filgate started writing an essay about being abused by her stepfather. It took her more than a decade to realize that she was actually trying to write about how this affected her relationship with her mother. When it was finally published, the essay went viral, shared on social media by Anne Lamott, Rebecca Solnit, and many others. This gave Filgate an idea, and the resulting anthology offers a candid look at our relationships with our mothers. Leslie Jamison writes about trying to discover who her seemingly perfect mother was before ever becoming a mom. In Cathi Hanauer’s hilarious piece, she finally gets a chance to have a conversation with her mother that isn’t interrupted by her domineering (but lovable) father. André Aciman writes about what it was like to have a deaf mother. Melissa Febos uses mythology as a lens to look at her close-knit relationship with her psychotherapist mother. And Julianna Baggott talks about having a mom who tells her everything. As Filgate writes, “Our mothers are our first homes, and that’s why we’re always trying to return to them.” There’s relief in acknowledging how what we couldn’t say for so long is a way to heal our relationships with others and, perhaps most important, with ourselves. Contributions by Cathi Hanauer, Melissa Febos, Alexander Chee, Dylan Landis, Bernice L. McFadden, Julianna Baggott, Lynn Steger Strong, Kiese Laymon, Carmen Maria Machado, André Aciman, Sari Botton, Nayomi Munaweera, Brandon Taylor, and Leslie Jamison.

### **Twenty-first Century Motherhood**

Why have the minutiae of how parents raise their children become routine sources of public debate and policy making? This book provides in-depth answers to these features drawing on a wide range of sources from sociology, history, anthropology and psychology, covering developments in both Europe and North America.

### **Fetal Subjects, Feminist Positions**

Published to coincide with an exhibition held at the Photographers Gallery and Foundling Museum in London and touring to Chicagos Museum of Contemporary Photography, this beautiful and striking book examines contemporary interpretations of one of the most enduring subjects in the history of picture-making: the image of the mother. Focusing on the work of twelve international photographic artists, the publication challenges the stereotypical or sentimental views of motherhood handed down by traditional depictions, and explores how photography can be used to address changing conditions of power, gender, domesticity, the maternal body, and female identity. The work featured here is highly personal, often documentary in approach and with the individual subject at its centre, reflecting photography itself in the twenty-first century. The featured

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

artists offer very different views of contemporary motherhood, from the devoted to the dysfunctional, representing the myriad ways that becoming or even trying to become a mother can radically alter a woman's sense of self and how others perceive her. The book's essays, illustrated with dozens of comparative images from antiquity to the present day, present the historical and contemporary context of the mother figure. Curator of the exhibitions and volume editor Susan Bright traces the history of photographs of motherhood from the nineteenth century to our postfeminist age. Simon Watney weaves a fascinating narrative of the Madonna figure through the centuries. Nick Johnstone looks at the presentation of the mother from the perspective of the father, and considers how images of fatherhood compare, while Stephanie Chapman lays out the moving history of London's Foundling Museum through photographs and repositions the mother in a story of loss where she is strangely absent. Presenting contemporary thinking on motherhood through an exploration of its changing representation in photography, *Home Truths* provides a fresh and unique insight into one of the most universal and well documented of experiences.

### **What My Mother and I Don't Talk About**

Actress and author of the New York Times bestseller *Down Came the Rain*, Brooke Shields, explores her relationship with her unforgettable mother, Teri, in her new memoir. Brooke Shields never had what anyone would consider an ordinary life. She was raised by her Newark-tough single mom, Teri, a woman who loved the world of show business and was often a media sensation all by herself. Brooke's iconic modeling career began by chance when she was only eleven months old, and Teri's skills as both Brooke's mother and manager were formidable. But in private she was troubled and drinking heavily. As Brooke became an adult the pair made choices and sacrifices that would affect their relationship forever. And when Brooke's own daughters were born she found that her experience as a mother was shaped in every way by the woman who raised her. But despite the many ups and downs, Brooke was by Teri's side when she died in 2012, a loving daughter until the end. Only Brooke knows the truth of the remarkable, difficult, complicated woman who was her mother. And now, in an honest, open memoir about her life growing up, Brooke will reveal stories and feelings that are relatable to anyone who has been a mother or daughter.

### **Feminist Mothering**

Esteemed psychologist Daphne de Marneffe examines women's desire to care for children in an updated reissue of her "fascinating analysis that's a welcome addition to the dialogues about motherhood" (Publishers Weekly). If a century ago it was women's sexual desires that were unspeakable, today it is the female desire to mother that has become taboo. One hundred years of Freud and feminism have liberated women to acknowledge and explore their sexual selves, as well as their public and personal ambitions. What has remained inhibited is women's thinking about motherhood. *Maternal Desire* is the first book to treat women's desire to mother as a legitimate focus of intellectual inquiry and personal exploration. Shedding new light on old debates, Daphne de Marneffe provides an emotional road map for mothers who work and mothers who are at home. De Marneffe both explores the enjoyment and anxieties of motherhood and offers mothers in all

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

situations valuable ways to think through their self-doubts and connect to their capacity for pleasure. Drawing on a rich tradition of writers, such as Simone de Beauvoir, Adrienne Rich, Carol Gilligan, and Susan Faludi, as well as her experience as a psychologist and mother of three, de Marneffe illuminates how we express our desire to care for children. By treating maternal desire as a central feature of women's identity—rather than as an inconvenient or slightly embarrassing detail—we can look with fresh insight at controversial issues, such as childcare, fertility, abortion, and the role of fathers. An “absorbing look at the enormous personal pleasure that women derive from mothering....Maternal Desire is a stirring book that celebrates women's love for their children and mothering while also supporting their interest in careers and other pursuits” (Booklist).

### **To Have and to Hold**

Fathers in the 1950s tend to be portrayed as wise and genial pipe-smokers or distant, emotionless patriarchs. To uncover the real story of fatherhood during the 1950s, LaRossa takes the long view, revealing the myriad ways that World War II and its aftermath shaped men.

### **Enlightened Sexism**

A groundbreaking examination of the historical myth of motherhood looks at how different cultures have viewed motherhood, showing how our current idea of the "good mother" reflects a reaction to burgeoning women's rights. 25,000 first printing. National ad/promo. Tour.

### **Where the Girls Are**

Book clubs are everywhere these days. And women talk about the clubs they belong to with surprising emotion. But why are the clubs so important to them? And what do the women discuss when they meet? To answer questions like these, Elizabeth Long spent years observing and participating in women's book clubs and interviewing members from different discussion groups. Far from being an isolated activity, she finds reading for club members to be an active and social pursuit, a crucial way for women to reflect creatively on the meaning of their lives and their place in the social order.

### **The Mommy Myth**

Do you see women your age portrayed as pattering gardeners and docile grannies? Do you feel bombarded by anti-aging products that insist you must “defy” getting older? Do you feel invisible in professional and social situations? And have you had enough and are you ready to challenge the intertwining of sexism and ageism in our culture? Susan Douglas knows that you are not alone. She declares it is time now for the largest female generation over fifty to reinvent what it means to be an older woman and to challenge the outdated stereotypes—think doddering or shrewish—that Hollywood and TV have assigned them. She zones in on how the anti-aging cosmetics industry targets older and younger women alike with their products, and how Big Pharma ads equate getting older with disease and decline.

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

Douglas exposes the ageism that mature women face at work and why conservatives' decades-long attacks on Social Security, Medicaid, and Medicare disproportionately affect women. With a sharp sense of justice and fresh wit, *In Our Prime* sees a social movement emerging that may help to create a different view of and life for older women. It celebrates Gray Panther Maggie Kuhn, who broke down legal barriers in the past, as well as today's activists, career women, actors, and others who defy stereotypical images by embracing their age and remaining strong and socially involved. Ultimately, Douglas calls on women of all ages to join together now to fight against gendered ageism, to secure our country's financial safety net, and to make a brighter, more welcome future for older women.

### **The Cultural Contradictions of Motherhood**

Susan Douglas first took on the media's misrepresentation of women in her funny, scathing social commentary *Where the Girls Are*. Now, she and Meredith Michaels, have turned a sardonic (but never jaundiced) eye toward the cult of the new momism: a trend in American culture that is causing women to feel that only through the perfection of motherhood can true contentment be found. This vision of motherhood is highly romanticized and yet its standards for success remain forever out of reach, no matter how hard women may try to "have it all." *The Mommy Myth* takes a provocative tour through the past thirty years of media images about mothers: the superficial achievements of the celebrity mom, the news media's sensational coverage of dangerous day care, the staging of the "mommy wars" between working mothers and stay-at-home moms, and the onslaught of values-based marketing that raises mothering standards to impossible levels, just to name a few. In concert with this messaging, the authors contend, is a conservative backwater of talking heads propagating the myth of the modern mom. This nimble assessment of how motherhood has been shaped by out-of-date mores is not about whether women should have children or not, or about whether once they have kids mothers should work or stay at home. It is about how no matter what they do or how hard they try, women will never achieve the promised nirvana of idealized mothering. Douglas and Michaels skillfully map the distance traveled from the days when *The Feminine Mystique* demanded more for women than the unpaid labor of keeping house and raising children, to today's not-so-subtle pressure to reverse this thirty-year trend. A must-read for every woman.

### **No Kids**

In an era of mommy blogs, Pinterest, and Facebook, *The Good Mother Myth* dismantles the social media-fed notion of what it means to be a "good mother." This collection of essays takes a realistic look at motherhood and provides a platform for real voices and raw stories, each adding to the narrative of motherhood we don't tend to see in the headlines or on the news. From tales of mind-bending, panic-inducing overwhelm to a reflection on using weed instead of wine to deal with the terrible twos, the honesty of the essays creates a community of mothers who refuse to feel like they're in competition with others, or with the notion of the ideal mom—they're just trying to find a way to make it work. With a foreword by Christy Turlington Burns and a contributor list that includes Jessica Valenti, Sharon Lerner, Soraya Chemaly, Amber Dusick, and many more, this remarkable collection seeks to debunk the myth and offer honest perspectives on

what it means to be a mother.

## Home Truths

Universally, mothers tend to feel they are not good enough at parenting and fear they are harming their children by not being perfect. In *Mommy Grace: Erasing Mommy Guilt*, Sheila Schuller Coleman offers overwhelmed moms short but emotive stories of authentic motherhood from her own and others' experiences—foibles and all—and offers comfort by showing how God makes up for human weakness with His own strength. Because Sheila shares lessons learned the hard way by real moms rather than giving difficult instructions for better mothering, readers will leave the book feeling encouraged rather than lectured. For every mom who feels she's not quite up to the colossal job of parenting, *MOMMY GRACE* is full of hope and compassion.

## Perfect Madness

From the author of the bestselling *Prozac Nation* comes one of the most entertaining feminist manifestos ever written. In five brilliant extended essays, she links the lives of women as demanding and disparate as Amy Fisher, Hillary Clinton, Margaux Hemingway, and Nicole Brown Simpson. Wurtzel gives voice to those women whose lives have been misunderstood, who have been dismissed for their beauty, their madness, their youth. *Bitch* is a brilliant tract on the history of manipulative female behavior. By looking at women who derive their power from their sexuality, Wurtzel offers a trenchant cultural critique of contemporary gender relations. Beginning with Delilah, the first woman to supposedly bring a great man down (latter-day Delilahs include Yoko Ono, Pam Smart, Bess Myerson), Wurtzel finds many biblical counterparts to the men and women in today's headlines. She finds in the story of Amy Fisher the tragic plight of all Lolitas, our thirst for their brief and intense flame. She connects Hemingway's tragic suicide to those of Sylvia Plath, Edie Sedgwick, and Marilyn Monroe, women whose beauty was an end, ultimately, in itself. Wurtzel, writing about the wife/mistress dichotomy, explains how some women are anointed as wife material, while others are relegated to the role of mistress. She takes to task the double standard imposed on women, the cultural insistence on goodness and society's complete obsession with badness: what's a girl to do? Let's face it, if women were any real threat to male power, "Jennifer Flowers would be sitting behind the desk of the Oval Office," writes Wurtzel, "and Bill Clinton would be a lounge singer in the Excelsior Hotel in Little Rock." *Bitch* tells a tale both celebratory and cautionary as Wurtzel catalogs some of the most infamous women in history, defending their outsize desires, describing their exquisite loneliness, championing their take-no-prisoners approach to life and to love. Whether writing about Courtney Love, Sally Hemings, Bathsheba, Kimba Wood, Sharon Stone, Princess Di—or waxing eloquent on the hideous success of *The Rules*, the evil that is *The Bridges of Madison County*, the twisted logic of *You'll Never Make Love in This Town Again*--Wurtzel is back with a bitchography that cuts to the core. In prose both blistering and brilliant, *Bitch* is a treatise on the nature of desperate sexual manipulation and a triumph of pussy power.

## Mommy Wars

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

Challenges idealized concepts about motherhood that compromise women's rights and empowerment, citing unrealistic parenting standards, media scare tactics, and negative attitudes that victimize both working and stay-at-home moms.

### **The Mommy Myth**

Women today are inundated with conflicting messages from the mass media: they must either be strong leaders in complete command or sex kittens obsessed with finding and pleasing a man. In *The Rise Of Enlightened Sexism*, Susan J. Douglas, one of America's most entertaining and insightful cultural critics, takes readers on a spirited journey through the television programs, popular songs, movies, and news coverage of recent years, telling a story that is nothing less than the cultural biography of a new generation of American women. Revisiting cultural touchstones from *Buffy the Vampire Slayer* to *Survivor* to *Desperate Housewives*, Douglas uses wit and wisdom to expose these images of women as mere fantasies of female power, assuring women and girls that the battle for equality has been won, so there's nothing wrong with resurrecting sexist stereotypes—all in good fun, of course. She shows that these portrayals not only distract us from the real-world challenges facing women today but also drive a wedge between baby-boom women and their "millennial" daughters. In seeking to bridge this generation gap, Douglas makes the case for casting aside these retrograde messages, showing us how to decode the mixed messages that restrict the ambitions of women of all ages. And what makes *The Rise Of Enlightened Sexism* such a pleasure to read is Douglas's unique voice, as she blends humor with insight and offers an empathetic and sisterly guide to the images so many American women love and hate with equal measure.

### **The Psychosocial Implications of Disney Movies**

Food is at the center of national debates about how Americans live and the future of the planet. Not everyone agrees about how to reform our relationship to food, but one suggestion rises above the din: We need to get back in the kitchen. Amid concerns about rising rates of obesity and diabetes, unpronounceable ingredients, and the environmental footprint of industrial agriculture, food reformers implore parents to slow down, cook from scratch, and gather around the dinner table. Making food a priority, they argue, will lead to happier and healthier families. But is it really that simple? In this riveting and beautifully-written book, Sarah Bowen, Joslyn Brenton, and Sinikka Elliott take us into the kitchens of nine women to tell the complicated story of what it takes to feed a family today. All of these mothers love their children and want them to eat well. But their kitchens are not equal. From cockroach infestations and stretched budgets to picky eaters and conflicting nutrition advice, *Pressure Cooker* exposes how modern families struggle to confront high expectations and deep-seated inequalities around getting food on the table. Based on extensive interviews and field research in the homes and kitchens of a diverse group of American families, *Pressure Cooker* challenges the logic of the most popular foodie mantras of our time, showing how they miss the mark and up the ante for parents and children. Romantic images of family meals are inviting, but they create a fiction that does little to fix the problems in the food system. The unforgettable stories in this book evocatively illustrate how class inequality, racism, sexism, and xenophobia converge at the dinner table. If we

## Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

want a food system that is fair, equitable, and nourishing, we must look outside the kitchen for answers.

### Maternal Desire

The shocking treatise that was a bestselling international media sensation upon its 2007 publication in France now makes its eagerly anticipated English-language debut. A mother of two herself, Maier makes her deadly serious, if at times laugh-out-loud-funny, argument with all the unbridled force of her famously wicked intellect. In forty to-the-point, impressively erudite chapters drawing on the realms of history, child psychology, politics, and the environment, Maier effortlessly skewers the idealized notion of parenthood as a natural and beautiful endeavour. Enough with this “baby-mania” that is plaguing modern society, says Maier, it’s nothing but brainwashing. Are you prepared to give up your free time, dinners with friends, spontaneous romantic getaways, and even the luxury of uninterrupted thought for the “vicious little dwarves” that will treat you like their servant, cost you hundreds of thousands of dollars, and end up resenting you? Speaking to the still “child-free”, to fellow suffering parents, and to adamant procreationists alike, *No Kids* is a controversial, thought-provoking, and undeniably entertaining read. Reasons to avoid having kids: •You will lose touch with your friends •Your sex life will be over •Children cost a fortune •Child-rearing is endless drudgery •Vacations will be nightmares •You’ll lose your identity and become just “mom” or “dad” •Your children will become mindless drones of capitalism •The planet’s already overcrowded •Your children will inevitably disappoint you From the Trade Paperback edition.

### Sacred Pleasure

The historical and cultural context of fame in the twenty-first century Today, celebrity culture is an inescapable part of our media landscape and our everyday lives. This was not always the case. Over the past century, media technologies have increasingly expanded the production and proliferation of fame. *Celebrity* explores this revolution and its often under-estimated impact on American culture. Using numerous precedent-setting examples spanning more than one hundred years of media history, Douglas and McDonnell trace the dynamic relationship between celebrity and the technologies of mass communication that have shaped the nature of fame in the United States. Revealing how televised music fanned a worldwide phenomenon called “Beatlemania” and how Kim Kardashian broke the internet, Douglas and McDonnell also show how the media has shaped both the lives of the famous and the nature of the spotlight itself. *Celebrity* examines the production, circulation, and effects of celebrity culture to consider the impact of stars from Shirley Temple to Muhammad Ali to the homegrown star made possible by your Instagram feed. It maps ever-evolving media technologies as they adeptly interweave the lives of the rich and famous into ours: from newspapers and photography in the nineteenth century, to the twentieth century’s radio, cinema, and television, up to the revolutionary impact of the internet and social media. Today, mass media relies upon an ever-changing cast of celebrities to grab our attention and money, and new stars are conquering new platforms to build their adoring audiences and enhance their images. In the era of YouTube, Snapchat, and reality television, fame may be fleeting, but its impact on society is profound and

lasting.

## **The Price of Motherhood**

Working mothers today confront not only conflicting demands on their time and energy but also conflicting ideas about how they are to behave: they must be nurturing and unselfish while engaged in child rearing but competitive and ambitious at work. As more and more women enter the workplace, it would seem reasonable for society to make mothering a simpler and more efficient task. Instead, Sharon Hays points out in this original and provocative book, an ideology of "intensive mothering" has developed that only exacerbates the tensions working mothers face. Drawing on ideas about mothering since the Middle Ages, on contemporary childrearing manuals, and on in-depth interviews with mothers from a range of social classes, Hays traces the evolution of the ideology of intensive mothering--an ideology that holds the individual mother primarily responsible for child rearing and dictates that the process is to be child-centered, expert-guided, emotionally absorbing, labor-intensive, and financially expensive. Hays argues that these ideas about appropriate mothering stem from a fundamental ambivalence about a system based solely on the competitive pursuit of individual interests. In attempting to deal with our deep uneasiness about self-interest, we have imposed unrealistic and unremunerated obligations and commitments on mothering, making it into an opposing force, a primary field on which this cultural ambivalence is played out.

Download Ebook The Mommy Myth The Idealization Of Motherhood And How It Has Undermined Women

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)