

## The Present Moment A Daybook Of Clarity And Intuition

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HOW TO LIVE IN THE PRESENT MOMENT  
Stranger in the Shogun's City  
Leap of Perception  
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### The Every-day Book and Table Book

When beloved author Henri Nouwen set out to record this daybook of totally new reflections, he suddenly found himself on "a true spiritual adventure." For in these 366 original, interlocking morsels of daily wisdom, Nouwen provides both sustenance and a trail for us to follow, as he unveils, to his own surprise, his personal map of faith. From the delicate interplay of human experience to the surrender to Christ and the embrace of Christian community, that journey of Christian spirituality is explored and celebrated here in each eloquent, thought-provoking passage, "The table is one of the most intimate places in our lives. It is there that we give ourselves to one another. When we say, 'Take some more, let me serve you another plate, let me pour you another glass, don't be shy, enjoy it,' we say a lot more than our words express. We invite our friends to become part of our lives. We want them to be nurtured by the same food and drink that nurture us. We desire communion. Every breakfast, lunch, or dinner can become a time of growing communion with one another." Intimately personal and inspiring, Bread for the Journey is a daily feast of fresh insight into the challenges and deep joys of a life lived in close communion with God. Nouwen is a wise, loving companion who invites us along as he finds joy in the community of loss, true freedom in forgiveness of others, and hope in surprising places. Each daily meditation is a stepping-stone along a path of private discovery, offering Nouwen's seasoned yet fresh ideas on kindness, love, suffering, and prayer, the Church as God's people, and the importance of Jesus in one's life—reflecting, as a whole, Nouwen's own 'personal creed.' Bread for the Journey brims with daily nourishment and guidance for devoted followers and new friends alike -- food for thought on a yearlong journey of discovery and faith.

## Late in the Day

Day Book of Jeremiah Smith Jewett Volume One January 1, 1854 December 31, 1869 Jeremiah Jewett's impact on NH history and the Lakes Region was unknown until the recent discovery of his numerous, daily, handwritten journals, painstakingly recorded from 1854 until 1900. His life in Warren and Lakeport/Laconia, NH found him wearing many hats: husband, father, preacher, lawyer, railroad surveyor, merchant, undertaker and gentleman farmer. His vivid descriptions of his life over 46 years and travels around the country at World Industrial Fairs, Methodist religious gatherings and railway excursions in NH, New England and beyond, are embellished by his emotional, notable accounts of the death of Abraham Lincoln, unknown medical diseases of the era, and the tragic loss of a beloved son at age 19. Probably no one impacted the towns of Warren, Lakeport (Meredith Bridge) and Laconia, NH like Rev. Jeremiah S. Jewett. These volumes relate to his daily experiences in the latter years of his life. Brenda M. Polidoro, editor, brings his history of NH to life, in his own words and style, penned in bound leather. The authentic transcribed volumes are a riveting account of sometimes tragic and yet hopeful, positive times as seen by one person at the turn of the century.

## The Boy's Birth-day Book

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

## Do a Day

Appreciate the little things, believe in your personal power, and connect with nature using this simple and beautifully illustrated mindfulness primer. L is for Listening T is for Thankfulness V is for Visualization From accepting your thoughts to zooming your focus in and out, *The A to Z of Mindfulness* will spark your curiosity about a wide variety of mindfulness subjects and encourage you to practice them with interactive prompts and reflective activities. Bright watercolor paintings and charming design make for a calming reading experience, while quotes and mantras provide the perfect dose of inspiration. Sometimes concrete and helpful, sometimes broad and motivational, *The A to Z of Mindfulness* is an unintimidating book guaranteed to fuel anyone's mindfulness practice.

## More Pages from the Day-book of Bethia Hardacre

"With each new book by Tessa Hadley, I grow more convinced that she's one of the

greatest stylists alive.”—Ron Charles, Washington Post New York Times Book Review Editors' Choice |A Parnassus First Editions Club Pick | Powell's Indispensable Book Club Pick | A Washington Post Notable Book | A Slate Best Book of the Year | A Bookpage Best Book of the Year The lives of two close-knit couples are irrevocably changed by an untimely death in the latest from Tessa Hadley, the acclaimed novelist and short story master who “recruits admirers with each book” (Hilary Mantel). Alexandr and Christine and Zachary and Lydia have been friends since they first met in their twenties. Thirty years later, Alex and Christine are spending a leisurely summer's evening at home when they receive a call from a distraught Lydia: she is at the hospital. Zach is dead. In the wake of this profound loss, the three friends find themselves unmoored; all agree that Zach, with his generous, grounded spirit, was the irreplaceable one they couldn't afford to lose. Inconsolable, Lydia moves in with Alex and Christine. But instead of loss bringing them closer, the three of them find over the following months that it warps their relationships, as old entanglements and grievances rise from the past, and love and sorrow give way to anger and bitterness. Late in the Day explores the complex webs at the center of our most intimate relationships, to expose how, beneath the seemingly dependable arrangements we make for our lives, lie infinite alternate configurations. Ingeniously moving between past and present and through the intricacies of her characters' thoughts and interactions, Tessa Hadley once again “crystallizes the atmosphere of ordinary life in prose somehow miraculous and natural” (Washington Post).

## **The Farmer's Every-day Book; Or, Sketches of Social Life in the Country**

### **The A to Z of Mindfulness**

"Looking at Mindfulness collects classic and esoteric paintings, from Rembrandt to Hopper to Magritte, and offers a lucid commentary on the inner workings of each. André describes the dynamic on the canvas, and turns to the viewer's own reactions, exploring the connection between what we see and what we feel. Moving beyond the art on the page, André teaches us what it means to consider our surroundings, our daily interactions and obligations, and their effect on our inner well-being. The paintings are a visual and tangible first step to understanding mindfulness and the benefits of living in the moment. In practicing mindfulness, within ourselves and out in the world, each of us can make immediate, meaningful, and permanent changes in our well-being and the well-being of others" -- Amazon.com.

### **Looking at Mindfulness**

### **Against the Day**

This beginner's guide to meditation offers a year of daily reflections to help bring greater mindfulness into your life. Meditation and mindfulness may seem like daunting ideas but making room for these practices in your daily life is simpler

than it looks. Longtime therapist and meditator David Kundtz gives you permission not to fret about whether you're getting it right or not. The whole purpose of meditation is to be as awake and aware as possible. Being Present offers daily quotes to ponder that will help you live in the moment once a day, every day. As you start to accumulate these mindful moments, your life will become more peaceful, more rewarding, and more awakened. With these daily reflections, Kundtz guides us through the seasons of a year—and the seasons of a life—by drawing inspiration from poets and scientists, spiritual teachers and children, butterflies and big cities. With the help of this book, you will discover how to:

- Become a more mindful person
- Maintain the focus, awareness, and equanimity through stressful situations
- Experience the peaceful moments of mindful living

## **Bread for the Journey**

Dreams! What do they mean? You probably recognize a connection between the dream world and the “real” world, but did you know that you can actually do things to nurture your dream life? Dream Dictionary For Dummies is the fun and fascinating guide that shows you not only how to decode your dreams, but how to remember them and even how to make a dream work for you. Whether you're already a prolific dreamer or are just peeking into the unknown, you're sure to get results from the insights, techniques, and tips provided in this unique and transforming guide. An A-to-Z list of dream symbols and their meanings helps you make sense of your dreams and harness them to increase your creativity, solve problems, find life purpose, and obtain accurate personal guidance. And, just by reading the dictionary definitions, you'll begin to understand symbology in a much deeper way. You'll learn how to synchronize your body, emotions, mind, and soul to experience the full meaning of your dreams and, in some cases, make them your reality. Discover how to:

- Recognize your dream cycles
- Increase your ability to remember your dreams
- Keep and use a dream diary
- Notice your waking dreams
- Uncover hidden messages in your dreams
- Focus your dreams to solve problems or make decisions
- Form a dream support group

So start dreaming and get back to reality with a little help from Dream Dictionary For Dummies.

## **The Power of Now**

Responding to the global shift from the Information Age to the Intuition Age, Penny Peirce, a respected leader in the intuition development movement, offers effective, easy-to-follow guidance to help you develop the power of perception and imagination to live effortlessly and joyfully in this new age. With a growing holistic view of the world and a greater awareness of personal and collective energy, our level of perception is transforming from something singular—the physical form—to a greatly expanded awareness that includes intuition, past and present, right and left brain, and heart and body. As our perceptive ability evolves, we must relearn the principles of how we live, create, and grow in order to be successful in the rapidly transforming reality of the Intuition Age. Written with clarity, insight, and humor, Leap of Perception is a comprehensive guide that shows us how to adapt to an expanding paradigm of perception. You will learn to materialize the situations you want, resolve conflict in relationships, expand your creativity, reduce exhaustion and anxiety from multitasking, ease fear caused by the transformation process, and develop new skills like telepathy, clairvoyance, applied empathy,

rapid healing, and more. Building on her first two books, *The Intuitive Way: The Definitive Guide to Increasing your Awareness and Frequency: the Power of Personal Vibration*, author Penny Peirce once again translates a powerful and complex concept into an effective life practice that is accessible to everyone.

**The lady's every-day book, by the author of 'Enquire within', assisted by the ed. of 'The practical housewife'**

**The Every-day Book of Modern Literature Compiled and Edited by the Late George H. Townsend**

The co-author of *The Celestine Prophecy Experiential Guide* helps readers uncover the unsuspected, untapped power of synchronicity and intuition that will bring success, satisfaction, and serenity. Everyone really has a purpose in life, says Carol Adrienne in her new guide to harnessing the power inside yourself. The question is: How do you learn to go with the flow and let your true nature guide you? Chapter by chapter, *The Purpose of Your Life* explains how to locate the source of your innate energy and focus it, how to align yourself with the natural forces that swirl around us always, and how to develop the intuition that fosters synchronicity. The book is packed with illuminating anecdotes and profiles of fascinating people -- from artists to urban planners to Zen masters -- who describe how they found their own purposes. There are practical exercises throughout, along with charts, self-questionnaires, and other tools that help you understand yourself and your deepest aspirations. As you learn to recognize and trust the voice of intuition, you'll find new doors opening and new possibilities everywhere. You'll feel invigorated by the potential you've unleashed, a power that will only grow with each new accomplishment. And you'll discover the serenity and satisfaction that come only to those who are living life to the fullest. The Force is with you -- all you have to do is reach out and start to use it.

**The every-day book, or, The guide to the year**

Bryan Falchuk overcame adversity, lost nearly 100 pounds, ran a marathon, dramatically changed his diet and created an approach to help others live a better life, every day. That way is *Do a Day*. Like so many people, Bryan has faced challenges in life, like obesity, depression, work stress, the responsibilities of parenthood, the potential of losing his wife to illness, and more. And he struggled, like anyone else. Through that struggle, Bryan learned the secret to not just overcoming any individual challenge, but creating a life of achievement, happiness and harmony. In *Do a Day*, you will learn how to make each day contribute to your goals so you can live the life you want to live - a better life. *Do a Day* will free you of the burden and judgment of yesterday's choices, while relieving you of the pressure of what tomorrow may bring. By teaching you how to identify your true motivation and how to use that to focus on what you have to do today, *Do a Day* will help you change your life.

**The Mindful Day**

A journalist pulls a random day in history from a hat to see if he can make a worthwhile news story from what happened. The result is *One Day*, a deeply illuminating and affecting exploration of the quiet dramas and human interaction that make a seemingly insignificant day - December 28th, 1986 - into an important, poignant part of American history.

## **Our Life in a Day**

From the winner of the Nobel Prize in Literature, here is the universally acclaimed novel—winner of the Booker Prize and the basis for an award-winning film. This is Kazuo Ishiguro's profoundly compelling portrait of Stevens, the perfect butler, and of his fading, insular world in post-World War II England. Stevens, at the end of three decades of service at Darlington Hall, spending a day on a country drive, embarks as well on a journey through the past in an effort to reassure himself that he has served humanity by serving the "great gentleman," Lord Darlington. But lurking in his memory are doubts about the true nature of Lord Darlington's "greatness," and much graver doubts about the nature of his own life.

## **The Every Day Book, Or, The Guide to the Year**

### **Day Book of Jeremiah Smith Jewett**

#### **Every Day**

A New York Times Notable Book of the Year, a Washington Post Best Book of the Year Spanning the era between the Chicago World's Fair of 1893 and the years just after World War I, and constantly moving between locations across the globe (and to a few places not strictly speaking on the map at all), *Against the Day* unfolds with a phantasmagoria of characters that includes anarchists, balloonists, gamblers, drug enthusiasts, mathematicians, mad scientists, shamans, spies, and hired guns. As an era of uncertainty comes crashing down around their ears and an unpredictable future commences, these folks are mostly just trying to pursue their lives. Sometimes they manage to catch up; sometimes it's their lives that pursue them.

### **The Every-day Book of Modern Literature a Series of Short Readings from the Best Authors Compiled and Edited by the Late George H. Townsend**

"The Present Moment will help you find clarity and insight into your soul."-back cover.

## **The Remains of the Day**

### **Daybook, Turn, Prospect**

## **Mindfulness in Your Everyday Life**

The simple practice of mindfulness, which can be explained in a few words as "directing our awareness in the present moment", can help us maintain a clear mind and sharp attention, and it is discussed, explained, and analyzed from many different perspectives, uncovering most of the facets of conscious living, in our today's society. This book is all about mindful living, where two different practices are recurrently present, as a means to sustain our conscious approach: mindfulness and meditation. I am presenting simple techniques that will sustain a conscious approach to life, where your perception will always be clear and rooted in the present moment, and your life will always have a stress-free, relaxed, and aware point of view. Even if you already know about mindfulness or that you are looking to find a resource to explain it more in-depth for you, this book manages to touch most of the aspects that are related to our mind, to our relationship that we have with this world, to the direct experience that we can have when we befriend and transcend our Ego, and mostly, to our personal relationship with the dynamic and ever-changing present moment. I hope that everyone that reads my book will get to witness, in time, their pristine, clear, and natural state of mind, getting to gradually see the gaps of thought, through the practice of mindfulness and meditation, and finally, witnessing the unwavering mind of no-thought, which will illuminate and radically change their perception on life. Table of Contents What is mindfulness A view on meditation The Ego-mind Stepping into the present moment Our simple life Grounding ourselves in the present moment The art of letting go Being mindful Mindfulness and social interactions Mindfulness at home Mindfulness at work Mindfulness and relationships Mindfulness and nature Coming back to the present moment The joy of being mindful A surreal world Spiritual awakening Creating a mindful society A new world, a new day Book length: 197 pages

## **10-Minute Mindfulness**

All three of Anne Truitt's artist's journals in one e-volume, the illuminating, inspiring record of a woman's reconciliation of the call of creative work with the demands of daily life—with a new introduction by Audrey Niffenegger. Anne Truitt kept a journal throughout her adult life, from her early years as one of the rare, celebrated women artists in the early 60s, through her midlife as an established artist, and into older age when she was, for a time, the director of Yaddo, the premier artists' retreat in Saratoga. She was always a deep, astute reader, and a woman who grappled with a range of issues—moral, intellectual, sensual, emotional, and spiritual. While working intensely on her art, she watches her own daughters journey into marriage and motherhood, meditates on criticism and solitude, and struggles to find a balance in life. "Balance not stability is the source of security," she says. Anne Truitt re-creates a life in which domestic activities and the needs of children and friends are constantly juxtaposed against the world of color and abstract geometry to which she is drawn in her art.

## **The Every Day Book of History and Chronology**

## **Being Present**

For overscheduled professionals looking to incorporate mindfulness into their daily lives, this bestselling, step-by-step guide draws on contemplative traditions, modern neuroscience, and leading psychology to bring peace and focus to the home, in the workplace, and beyond. Designed for busy professionals looking to integrate mindfulness into their daily lives, this ultimate guide draws on contemplative practice, modern neuroscience, and positive psychology to bring peace and focus to the home, in the workplace, and beyond. In this enriching book, noted mindfulness expert and international teacher and business leader Laurie J. Cameron - a veteran of the Search Inside Yourself Leadership Institute, a Senior Fellow at the Center for the Advancement of Well-Being at George Mason, and 20-year mindfulness meditation practitioner- shows how to seamlessly weave mindfulness and compassion practices into your life. Timeless teachings, compelling science and straightforward exercises designed for busy schedules -- from waking up to joy, the morning commute, to back-to-back meetings and evening dinners - show how mindfulness practice can help you navigate life's complexity with mastery, clarity and ease. Cameron's practical wisdom and concrete how-to steps will help you make the most of the present moment, creating a roadmap for inner peace - and a life of deeper purpose and joy.

## **The every-day book and table-book; or, Everlasting calendar of popular amusements**

## **The every-day book of natural history, by J.C.**

Hate the negativity that often surrounds you? Feel stressed or anxious? Overwhelmed by our hectic, fast-paced modern society? These issues are often the direct result of a vicious cycle known as "unconscious living." You can be unconscious about your lifestyle choices, habits, and thoughts. You can be unconscious about your true values, life priorities, and deeper longings. And you're unconscious from living in the present moment because you're preoccupied by past regrets and worries for the future. The solution is to incorporate mindfulness through your entire day -- so you can enjoy inner peace and happiness. And the simplest way to do this is to build a series of mindfulness habits. **DOWNLOAD::** 10-Minute Mindfulness - 71 Habits for Living in the Present Moment In 10-Minute Mindfulness, Wall Street Journal bestselling authors S.J. Scott and Barrie Davenport show how to anchor yourself in the present moment, even if it's for just a few minutes at a time. This book is for anyone who recognize the need to improve their focus, productivity, happiness, and peace of mind. Not only can you choose from a selection of 71 mindfulness habits, you will also discover the practical tools to turn these actions into automatic behavior. In 10-Minute Mindfulness you can "choose your own adventure" and pick the mindfulness habits that will have the biggest positive impact on your life. Would You Like To Know More? Download now to reduce your stress, overcome anxiety, and live in the present moment. Scroll to the top of the page and select the buy now button.

## **A Philosophical Daybook**

## **The Every Day Book, Or, A Guide to the Year**

### **The Present Moment**

It was the invention and dissemination of alphabetic literacy some twenty-six hundred years ago that produced the Enlightenment that became our philosophical tradition. Descartes consolidated in his mind-body dualism the values and images of literacy that Western intellectuals embraced. But literacy was not without price, according to William H. Poteat: in a world of printed words and discarnate readers, nihilism and cultural insanity reign. Poteat strikes through the veil of our literate imaginations to an archaic but still active reality that antedates literacy—the intractable and substantial actuality of the lively words we speak and hear spoken. In the medium of printed words he seeks the philosophic import of our ongoing oral/aural life, which has been obscured and denigrated by the images and values we have learned as readers. By every available rhetorical strategy, therefore, this must be an anti-book. It must strive to defeat our centuries-old habituation to the book as spectacle, in order that we may be brought to dwell in the immediacies of our lively selves in the world, as we do in our oral/aural life. A Philosophical Daybook: Post-Critical Investigations sets out to induce a radical and irreversible transformation in the way we apprehend the world and our being in it. With journal entries written over fifteen months, Poteat attempts the impossible. In a world threatened by our own false conception of our nature and our place in the world, Poteat—by a feat of philosophical archaeology—seeks, still intact within ourselves, the ground for a new philosophy of the human.

### **The Present Moment**

## **HOW TO LIVE IN THE PRESENT MOMENT**

### **Stranger in the Shogun's City**

'Without a shadow of a doubt this will be one of my favourite books of 2019 . . . An astounding debut' - Nina Pottell, PRIMA The heartbreaking, emotional, funny 2019 debut novel for fans of One Day in December by Josie Silver, With or Without You by Shari Low, and The Note by Zoe Folbigg. THE RULES ARE SIMPLE: Choose the most significant moments from your relationship - one for each hour in the day. You'd probably pick when you first met, right? And the instant you knew for sure it was love? Maybe even the time you watched the sunrise after your first night together? But what about the car journey on the holiday where everything started to go wrong? Or your first proper fight? Or that time you lied about where you'd been? It's a once in a lifetime chance to learn the truth. But if you had to be completely honest with the one you love, would you still play? For Esme and Tom, the game is about to begin. And once they start, there's no going back . . .

\*\*\*\*\* Why readers love Our Life in a Day: 'A great portrayal of mental illness A quite brilliant book' 'Explores depression, the spiral of addiction and the

impact that mental illness has in those closest' 'I could have gone on reading about Esme and Tom forever' 'Oh my heart I loved every page'

## **Leap of Perception**

You are about to be taken to a place of comfort. A place where anxiety does not exist, where you can simply be and enjoy life a place called the present moment. The reality is that millions of people are highly stressed-out everyday over work or relationship issues, worrying about things that could potentially happen; or over-planning for the future, when they are completely missing out on the present moment. In addition, people are stressing about things that have already happened, that are unchangeable because they are in the past, and again, missing out on what is going on in the present moment. Here Is A Preview Of What You'll Learn How To Clear Your Mind Of Worries And Stress How To Enjoy Each And Every Moment How To Increase Your Productivity With Mental Clarity Strategies To Let Go Of The Past How To Access And Remain In The Present Moment How To Meditate Inquiries At The End Of Each Chapter To Increase Your Awareness Of The Present Moment And Much, Much More! This book is designed to be an inspirational and meaningful read. It gets straight to the point, and is easy to understand. The ability to live in the present moment is the gateway to peace and happiness, and the answer to relieving stress and anxiety. I hope it will be an eye-opening, refreshing experience for you. Prepare to be anxiety-free with this simple step-by-step formula What Readers are Saying: "I was still living deep within my past when I purchased this book. The pain, the constant reminders was too overbearing for me to have in my life and still put a smile on my face. The information Matt Morris shares in "How To Live In The Present Moment" caused me to reevaluate my life. He taught me how to quit living in my past and live for every moment. Good read!"

## **Dream Dictionary For Dummies**

This little book is filled with positive affirmations that will show you that your point of power is always in the present moment, and this is where you plant the mental seeds for creating new experiences. Think about how you'd like to live and what you'd like to accomplish. Each day Louise L. Hay will help guide your thinking in positive ways to accomplish these goals. As you read this work, you'll find that you develop new mental habits that you can use for the rest of your life!

## **The Purpose Of Your Life**

### **One Day**

A vivid, deeply researched work of history that explores the life of an unconventional woman during the first half of the 19th century in Edo—the city that would become Tokyo—and a portrait of a great city on the brink of a momentous encounter with the West. The daughter of a Buddhist priest, Tsuneno was born in a rural Japanese village and was expected to live a traditional life much like her mother's. But after three divorces—and a temperament much too strong-willed for her family's approval—she ran away to make a life for herself in one of

the largest cities in the world: Edo, a bustling metropolis at its peak. With Tsuneno as our guide, we experience the drama and excitement of Edo just prior to the arrival of American Commodore Perry's fleet, which transformed Japan. During this pivotal moment in Japanese history, Tsuneno bounces from tenement to tenement, marries a masterless samurai, and eventually enters the service of a famous city magistrate. Tsuneno's life provides a window into 19th-century Japanese culture—and a rare view of an extraordinary woman who sacrificed her family and her reputation to make a new life for herself, in defiance of social conventions. Immersive and fascinating, *Stranger in the Shogun's City* is a revelatory work of history, layered with rich detail and delivered with beautiful prose, about the life of a woman, a city, and a culture.

### **The Christian's Every Day Book. By J. D. Krummacher From the German, by S. Jackson**

THE NEW YORK TIMES BESTSELLER “[A] wise, wildly unique” (Entertainment Weekly) love story from the bestselling co-author of *Nick and Norah's Infinite Playlist* and *Will Grayson, Will Grayson*, *Will Grayson* about a teen who wakes up every morning in a different body, living a different life. Every day a different body. Every day a different life. Every day in love with the same girl. There's never any warning about where it will be or who it will be. A has made peace with that, even established guidelines by which to live: Never get too attached. Avoid being noticed. Do not interfere. It's all fine until the morning that A wakes up in the body of Justin and meets Justin's girlfriend, Rhiannon. From that moment, the rules by which A has been living no longer apply. Because finally A has found someone he wants to be with—day in, day out, day after day. With his new novel, David Levithan, bestselling co-author of *Will Grayson, Will Grayson*, and *Nick and Norah's Infinite Playlist*, has pushed himself to new creative heights. He has written a captivating story that will fascinate readers as they begin to comprehend the complexities of life and love in A's world, as A and Rhiannon seek to discover if you can truly love someone who is destined to change every day. “A story that is always alluring, oftentimes humorous and much like love itself—splendorous.” —Los Angeles Times

### **Pages from the Day-book of Bethia Hardacre**

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